

Carl Reiner Cookies

 Vegetarian

READY IN



45 min.

SERVINGS



24

CALORIES



95 kcal

DESSERT

Ingredients

- ☐ 0.5 cup butter
- ☐ 4 ounces cream cheese
- ☐ 1 cup flour all-purpose
- ☐ 3 tablespoons walnuts finely chopped
- ☐ 9 tablespoons sugar white

Equipment

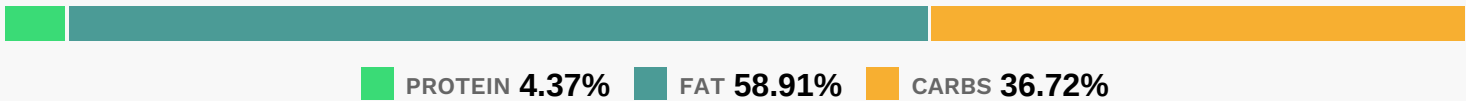
- ☐ frying pan
- ☐ baking sheet

☐ oven

Directions

- ☐ Preheat oven to 350 degrees F (180 degrees C).
- ☐ Cream the cheese and oleo together.
- ☐ Add the flour, sugar and nuts.
- ☐ Mix well.
- ☐ Drop dough by teaspoon onto ungreased cookie sheet. Flatten thin with wet fingers.
- ☐ Bake for 10 minutes.
- ☐ Let cool before removing from pan.

Nutrition Facts



Properties

Glycemic Index:10.09, Glycemic Load:6.11, Inflammation Score:-1, Nutrition Score:1.4078260862633%

Flavonoids

Cyanidin: 0.03mg, Cyanidin: 0.03mg, Cyanidin: 0.03mg, Cyanidin: 0.03mg

Nutrients (% of daily need)

Calories: 94.9kcal (4.75%), Fat: 6.34g (9.76%), Saturated Fat: 3.47g (21.69%), Carbohydrates: 8.89g (2.96%), Net Carbohydrates: 8.67g (3.15%), Sugar: 4.72g (5.24%), Cholesterol: 14.94mg (4.98%), Sodium: 45.42mg (1.97%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.06g (2.12%), Manganese: 0.08mg (3.94%), Vitamin A: 181.89IU (3.64%), Selenium: 2.31µg (3.3%), Vitamin B1: 0.05mg (3.1%), Folate: 11.32µg (2.83%), Vitamin B2: 0.04mg (2.41%), Vitamin B3: 0.33mg (1.64%), Phosphorus: 16.14mg (1.61%), Iron: 0.29mg (1.59%), Copper: 0.03mg (1.43%), Vitamin E: 0.16mg (1.08%)