



## Cartini

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



248 kcal

BEVERAGE

DRINK

## Ingredients

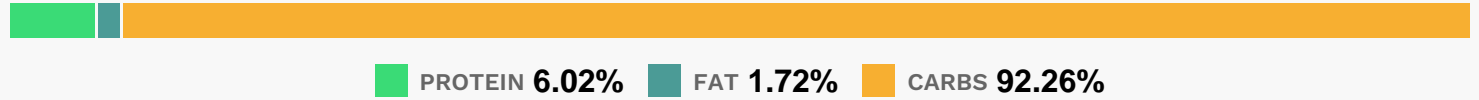
- 1 dash angostura bitters
- 0.3 ounce sherry dry
- 2 ounces hendrick's gin such as junipero
- 1 serving ice cubes
- 1 ounce lillet blanc
- 1 cranberry-orange relish for garnish

## Equipment

# Directions

- Place a cocktail glass in the freezer to chill.
- Place the sherry, Lillet, gin, and bitters in a cocktail shaker.
- Add ice to fill the shaker halfway. Stir briskly with a barspoon until thoroughly chilled, about 30 seconds. Strain into the chilled cocktail glass and garnish with the orange twist.

# Nutrition Facts



# Properties

Glycemic Index:72.5, Glycemic Load:5.26, Inflammation Score:-7, Nutrition Score:7.062174031187%

# Flavonoids

Catechin: 0.05mg, Catechin: 0.05mg, Catechin: 0.05mg, Catechin: 0.05mg Epicatechin: 0.04mg, Epicatechin: 0.04mg, Epicatechin: 0.04mg, Epicatechin: 0.04mg Hesperetin: 35.73mg, Hesperetin: 35.73mg, Hesperetin: 35.73mg, Hesperetin: 35.73mg Naringenin: 20.1mg, Naringenin: 20.1mg, Naringenin: 20.1mg, Naringenin: 20.1mg Luteolin: 0.25mg, Luteolin: 0.25mg, Luteolin: 0.25mg, Luteolin: 0.25mg Kaempferol: 0.17mg, Kaempferol: 0.17mg, Kaempferol: 0.17mg, Kaempferol: 0.17mg Myricetin: 0.2mg, Myricetin: 0.2mg, Myricetin: 0.2mg, Myricetin: 0.2mg Quercetin: 0.59mg, Quercetin: 0.59mg, Quercetin: 0.59mg, Quercetin: 0.59mg

# Nutrients (% of daily need)

Calories: 248.23kcal (12.41%), Fat: 0.16g (0.24%), Saturated Fat: 0.02g (0.12%), Carbohydrates: 18.95g (6.32%), Net Carbohydrates: 15.8g (5.75%), Sugar: 14.88g (16.54%), Cholesterol: 0mg (0%), Sodium: 3.72mg (0.16%), Alcohol: 24.94g (100%), Alcohol %: 11.28% (100%), Protein: 1.24g (2.47%), Vitamin C: 69.69mg (84.48%), Fiber: 3.14g (12.58%), Folate: 39.37µg (9.84%), Vitamin B1: 0.12mg (7.85%), Potassium: 243.28mg (6.95%), Vitamin A: 294.75IU (5.89%), Calcium: 54.72mg (5.47%), Vitamin B6: 0.08mg (4.14%), Copper: 0.08mg (4.01%), Magnesium: 14.37mg (3.59%), Vitamin B5: 0.33mg (3.31%), Vitamin B2: 0.06mg (3.28%), Manganese: 0.05mg (2.56%), Phosphorus: 21.88mg (2.19%), Vitamin B3: 0.38mg (1.92%), Vitamin E: 0.24mg (1.57%)