



Cashew-Mirin Dipping Sauce



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



2

CALORIES



144 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.3 cup mirin
- ☐ 2 tablespoons cashew pieces salted finely chopped
- ☐ 0.3 cup seasoned rice vinegar
- ☐ 1 teaspoon sugar
- ☐ 2 teaspoons water

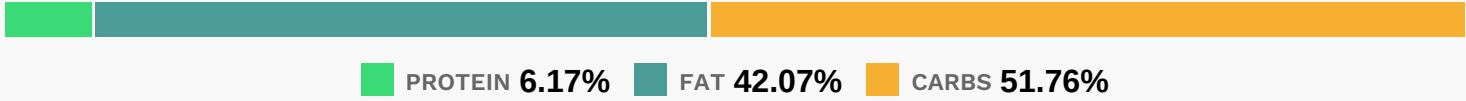
Equipment

- ☐ bowl

Directions

☐ Combine all ingredients in a small bowl; chill.

Nutrition Facts



Properties

Glycemic Index:60.05, Glycemic Load:1.4, Inflammation Score:-2, Nutrition Score:3.3173913126406%

Nutrients (% of daily need)

Calories: 143.59kcal (7.18%), Fat: 6.86g (10.55%), Saturated Fat: 1.35g (8.46%), Carbohydrates: 18.99g (6.33%), Net Carbohydrates: 18.55g (6.74%), Sugar: 9.7g (10.77%), Cholesterol: 0mg (0%), Sodium: 321.43mg (13.98%), Alcohol: 2.95g (100%), Alcohol %: 3.99% (100%), Protein: 2.26g (4.53%), Copper: 0.33mg (16.59%), Magnesium: 38.92mg (9.73%), Phosphorus: 74.16mg (7.42%), Manganese: 0.15mg (7.28%), Zinc: 0.83mg (5.55%), Iron: 0.9mg (5.01%), Vitamin K: 5.13µg (4.89%), Selenium: 1.95µg (2.79%), Folate: 10.2µg (2.55%), Potassium: 84.44mg (2.41%), Vitamin B1: 0.03mg (1.97%), Vitamin B6: 0.04mg (1.89%), Vitamin B5: 0.18mg (1.8%), Fiber: 0.44g (1.77%), Vitamin B2: 0.03mg (1.76%), Vitamin B3: 0.21mg (1.04%)