



## Celebration Cake

READY IN



116 min.

SERVINGS



16

CALORIES



225 kcal

DESSERT

## Ingredients

- 0.8 cup caramel ice cream topping
- 0.5 cup knudsen cream sour
- 0.8 cup milk
- 0.8 cup planters slivered almonds toasted
- 1 roll candies hard crushed ring-shaped
- 2 cups cool whip whipped topping divided thawed
- 1 pkg duncan hines classic decadent cake mix white (2-layer size)

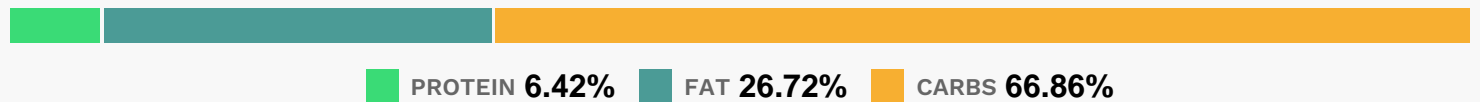
## Equipment

- oven
- toothpicks
- skewers

## Directions

- Heat oven to 350F.
- Prepare cake batter as directed on package; stir in nuts.
- Pour into 2 greased and floured 9-inch round pans.
- Bake 26 min. or until toothpick inserted in centers comes out clean. Cool 10 min.
- Remove cakes from pans.
- Mix sour cream and milk until blended. Stir in caramel topping. Poke holes in warm cake layers with wooden skewer.
- Place 1 cake layer on plate; top with half the sour cream mixture.
- Spread with 1/4 cup COOL WHIP; cover with remaining cake layer.
- Drizzle with remaining sour cream mixture. Refrigerate 1 hour.
- Frost top and side of cake with remaining COOL WHIP. Decorate with crushed candies.

## Nutrition Facts



## Properties

Glycemic Index:7.56, Glycemic Load:1.68, Inflammation Score:-2, Nutrition Score:5.0952173244694%

## Flavonoids

Cyanidin: 0.12mg, Cyanidin: 0.12mg, Cyanidin: 0.12mg, Cyanidin: 0.12mg Catechin: 0.06mg, Catechin: 0.06mg, Catechin: 0.06mg, Catechin: 0.06mg Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg Epicatechin: 0.03mg, Epicatechin: 0.03mg, Epicatechin: 0.03mg, Epicatechin: 0.03mg Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg Isorhamnetin: 0.13mg, Isorhamnetin: 0.13mg, Isorhamnetin: 0.13mg, Isorhamnetin: 0.13mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg

## Nutrients (% of daily need)

Calories: 225.32kcal (11.27%), Fat: 6.84g (10.53%), Saturated Fat: 2.82g (17.63%), Carbohydrates: 38.53g (12.84%), Net Carbohydrates: 37.47g (13.63%), Sugar: 23.13g (25.7%), Cholesterol: 5.8mg (1.93%), Sodium: 291.71mg (12.68%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 3.7g (7.4%), Phosphorus: 161.33mg (16.13%), Calcium: 117.96mg (11.8%), Vitamin E: 1.66mg (11.08%), Vitamin B2: 0.16mg (9.65%), Manganese: 0.19mg (9.42%), Iron: 1.5mg (8.32%), Folate: 25.77µg (6.44%), Vitamin B1: 0.09mg (6.01%), Selenium: 3.83µg (5.47%), Magnesium: 20.5mg (5.13%), Vitamin B3: 0.98mg (4.91%), Fiber: 1.05g (4.22%), Copper: 0.08mg (4.03%), Potassium: 99.74mg (2.85%), Zinc: 0.39mg (2.58%), Vitamin B5: 0.2mg (2.02%), Vitamin B12: 0.11µg (1.91%), Vitamin A: 79.83IU (1.6%), Vitamin B6: 0.03mg (1.39%), Vitamin K: 1.31µg (1.25%)