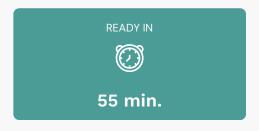


Celebration Cookies

Dairy Free







DESSERT

Ingredients

	I box duncan nines classic decadent cake mix	white yellow
	0.3 cup shortening	

- 0.3 cup butter softened
- 0.5 teaspoon vanilla
- 1 eggs
- 16 oz vanilla frosting your favorite (or flavor)

Equipment

bowl

	baking sheet		
	oven		
	wire rack		
	cookie cutter		
	rolling pin		
Directions			
	Heat oven to 375°F (350°F for dark or nonstick pans). In large bowl, mix about half of the dry cake mix, the shortening, butter, vanilla and egg, using spoon, until thoroughly mixed. Stir in remaining cake mix. Break up any lumps with fork.		
	Divide dough in half. On lightly floured cloth-covered board, roll each half 1/4 inch thick with cloth-covered rolling pin.		
	Cut dough with 2 1/2-inch bell- or heart-shaped cookie cutter.		
	Place 1 inch apart on ungreased cookie sheets.		
	Bake 6 to 8 minutes or just until set (centers will be soft).		
	Remove from cookie sheets to cooling rack. Cool completely, about 30 minutes. Decorate cookies with frosting. Store loosely covered.		
Nutrition Facts			
	PROTEIN 2.17% FAT 40.17% CARBS 57.66%		
	FROILIN 2.17 /0 FAI 70.17 /0 CARDS 37.00 /0		

Properties

Glycemic Index:1.34, Glycemic Load:4.14, Inflammation Score:-1, Nutrition Score:1.859130428942%

Nutrients (% of daily need)

Calories: 157.38kcal (7.87%), Fat: 7.06g (10.86%), Saturated Fat: 1.71g (10.68%), Carbohydrates: 22.81g (7.6%), Net Carbohydrates: 22.63g (8.23%), Sugar: 15.76g (17.51%), Cholesterol: 5.11mg (1.7%), Sodium: 162.39mg (7.06%), Alcohol: 0.02g (100%), Alcohol %: 0.08% (100%), Protein: 0.86g (1.72%), Phosphorus: 60.27mg (6.03%), Vitamin B2: 0.09mg (5%), Vitamin E: 0.58mg (3.84%), Calcium: 37.31mg (3.73%), Folate: 13.11µg (3.28%), Vitamin K: 3.42µg (3.26%), Selenium: 1.83µg (2.61%), Vitamin B1: 0.04mg (2.51%), Vitamin B3: 0.42mg (2.09%), Iron: 0.36mg (2.02%), Vitamin A: 92.01IU (1.84%), Manganese: 0.03mg (1.68%)