



Celery Collins



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



4

CALORIES



82 kcal

SIDE DISH

Ingredients

- ☐ 0.3 teaspoon angostura bitters
- ☐ 4 celery stalks chopped
- ☐ 2 ounces seltzer water
- ☐ 0.3 cup juice of lemon fresh
- ☐ 0.3 cup simple syrup glaze

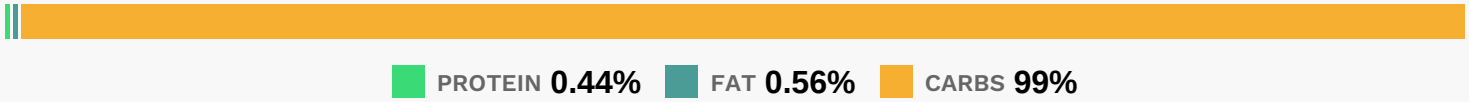
Equipment

- ☐ blender

Directions

- ☐ Purée 4 chopped celery stalks and 1/4 cup water in a blender. Strain into a pitcher filled with ice, pressing on solids; discard solids.
- ☐ Add 1/3 cup fresh lemon juice, 1/3 cup Simple Syrup, and 1/4 teaspoon Bittermens Hellfire Habanero Shrub or Angostura bitters*; stir until cold. Divide among 4 Collins glasses filled with ice and add 2–3 ounces club soda to each.
- ☐ Garnish with celery stalks.
- ☐ *Most bitters contain alcohol. For a 100% nonalcoholic drink, use Fee Brothers' celery bitters.

Nutrition Facts



Properties

Glycemic Index:8, Glycemic Load:0.02, Inflammation Score:-1, Nutrition Score:1.3065217266912%

Flavonoids

Eriodictyol: 0.99mg, Eriodictyol: 0.99mg, Eriodictyol: 0.99mg, Eriodictyol: 0.99mg Hesperetin: 2.94mg, Hesperetin: 2.94mg, Hesperetin: 2.94mg, Hesperetin: 2.94mg Naringenin: 0.28mg, Naringenin: 0.28mg, Naringenin: 0.28mg, Naringenin: 0.28mg Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.09mg, Quercetin: 0.09mg, Quercetin: 0.09mg, Quercetin: 0.09mg

Nutrients (% of daily need)

Calories: 82.07kcal (4.1%), Fat: 0.06g (0.09%), Saturated Fat: 0.01g (0.06%), Carbohydrates: 22.21g (7.4%), Net Carbohydrates: 22.08g (8.03%), Sugar: 21.16g (23.52%), Cholesterol: 0mg (0%), Sodium: 22.67mg (0.99%), Alcohol: 0.14g (100%), Alcohol %: 0.27% (100%), Protein: 0.1g (0.2%), Vitamin C: 7.99mg (9.69%), Iron: 1.04mg (5.76%), Vitamin B1: 0.04mg (2.82%), Potassium: 49.32mg (1.41%), Folate: 5.51µg (1.38%), Vitamin B2: 0.02mg (1.3%), Magnesium: 4.61mg (1.15%), Vitamin K: 1.17µg (1.12%)