



Cemetery Cookie Dessert

READY IN



45 min.

SERVINGS



10

CALORIES



480 kcal

DESSERT

Ingredients

- ☐ 18 ounce chocolate sandwich cookies divided
- ☐ 8 ounce cream cheese softened
- ☐ 3.4 ounce vanilla pudding mix instant
- ☐ 10 servings garnish: candy pumpkins
- ☐ 2 cups milk
- ☐ 1 cup powdered sugar
- ☐ 8 ounce non-dairy whipped topping frozen thawed

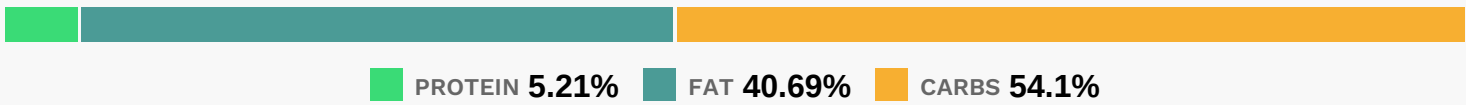
Equipment

- ☐ bowl
- ☐ whisk
- ☐ hand mixer
- ☐ glass baking pan

Directions

- ☐ Set aside 6 to 7 cookies for garnish; crush remaining cookies.
- ☐ Spread 1/4 of crushed cookies in the bottom of a lightly greased 13" x 9" glass baking pan; set aside. In a large bowl, whip cream cheese with an electric mixer on medium speed. In a separate bowl, whisk together dry pudding mix and milk for 2 minutes, or until thickened; add to cream cheese along with powdered sugar and whipped topping. Beat until well blended. Spoon a layer of cream cheese mixture over cookies; add another layer of crushed cookies and another layer of cream cheese mixture. Repeat once more, for a total of 3 layers. Slice sides off reserved cookies and arrange on top.
- ☐ Add candy pumpkins. Cover and chill for 2 hours before serving. Keep refrigerated.

Nutrition Facts



Properties

Glycemic Index:13.7, Glycemic Load:1.25, Inflammation Score:-4, Nutrition Score:9.3265215877606%

Flavonoids

Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg

Nutrients (% of daily need)

Calories: 479.71kcal (23.99%), Fat: 22.12g (34.03%), Saturated Fat: 10.94g (68.4%), Carbohydrates: 66.17g (22.06%), Net Carbohydrates: 64.62g (23.5%), Sugar: 48.73g (54.15%), Cholesterol: 29.22mg (9.74%), Sodium: 365.54mg (15.89%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 6.37g (12.75%), Iron: 6.25mg (34.69%), Manganese: 0.35mg (17.65%), Vitamin B2: 0.27mg (15.65%), Vitamin K: 15.34µg (14.61%), Phosphorus: 138.43mg (13.84%), Calcium: 109.65mg (10.97%), Vitamin E: 1.6mg (10.69%), Vitamin A: 486.58IU (9.73%), Vitamin B1: 0.14mg (9.21%), Copper: 0.18mg (9.07%), Selenium: 6.24µg (8.91%), Folate: 34.01µg (8.5%), Magnesium: 33.59mg (8.4%), Potassium: 251.02mg (7.17%), Vitamin B3: 1.43mg (7.14%), Fiber: 1.54g (6.17%), Vitamin B12: 0.36µg (5.98%), Zinc: 0.72mg (4.8%), Vitamin B5: 0.47mg (4.67%), Vitamin D: 0.54µg (3.58%), Vitamin B6: 0.06mg (2.97%)