



## Chai Latte Cupcakes

 Dairy Free

READY IN



110 min.

SERVINGS



24

CALORIES



212 kcal

DESSERT

### Ingredients

- 1.1 oz chai concentrate instant (or 3 tablespoons from larger container)
- 24 servings ground cinnamon
- 1 Cups baking mix
- 1 cup vanilla extract white
- 1 box vanilla cake donut holes french
- 1 container vanilla frosting

### Equipment

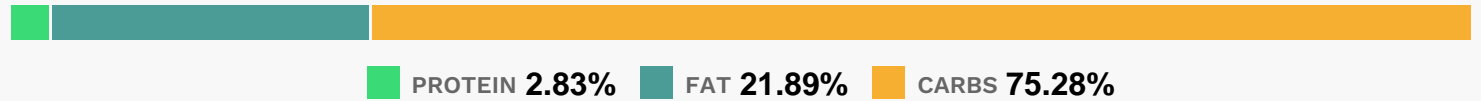
- bowl

- oven
- wire rack
- microwave
- muffin liners

## Directions

- Heat oven to 350F (325F for dark or nonstick pans).
- Place Reynolds Baking Cups in each of 24 regular-size muffin cups.
- Make and bake cake mix as directed on box for 24 cupcakes. Cool in pans 10 minutes; remove from pans to cooling rack. Cool completely, about 30 minutes.
- In medium microwavable bowl, microwave baking chips on High 30 seconds; stir until melted. If necessary, microwave 15 seconds longer. Stir until smooth; cool 5 minutes. Stir in frosting until well blended.
- Immediately spread or pipe frosting mixture on cupcakes.
- Sprinkle with cinnamon. Store loosely covered.

## Nutrition Facts



## Properties

Glycemic Index:2, Glycemic Load:5.65, Inflammation Score:-1, Nutrition Score:4.0299999950373%

## Flavonoids

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## **Nutrients (% of daily need)**

Calories: 211.91kcal (10.6%), Fat: 4.71g (7.25%), Saturated Fat: 1.2g (7.49%), Carbohydrates: 36.47g (12.16%), Net Carbohydrates: 35.07g (12.75%), Sugar: 22.93g (25.48%), Cholesterol: 0.1mg (0.03%), Sodium: 249.52mg (10.85%), Alcohol: 2.98g (100%), Alcohol %: 6.54% (100%), Protein: 1.37g (2.75%), Manganese: 0.43mg (21.66%), Phosphorus: 107.12mg (10.71%), Vitamin B2: 0.14mg (8%), Calcium: 77.7mg (7.77%), Folate: 23.05µg (5.76%), Fiber: 1.4g (5.62%), Vitamin B1: 0.08mg (5.25%), Iron: 0.77mg (4.26%), Vitamin B3: 0.85mg (4.23%), Vitamin K: 4.03µg (3.84%), Vitamin E: 0.53mg (3.57%), Selenium: 2.31µg (3.3%), Copper: 0.04mg (1.91%), Magnesium: 6.09mg (1.52%), Potassium: 49.98mg (1.43%), Vitamin B5: 0.13mg (1.28%), Zinc: 0.19mg (1.26%)