



Chai-Spiced Almond Celebration Cookies

 Dairy Free

READY IN



85 min.

SERVINGS



36

CALORIES



108 kcal

DESSERT

Ingredients

- ☐ 17.5 oz sugar cookie mix
- ☐ 0.8 cup almonds toasted finely chopped
- ☐ 0.8 teaspoon ground allspice
- ☐ 0.8 teaspoon ground cardamom
- ☐ 0.5 teaspoon ground cinnamon
- ☐ 0.5 cup butter softened
- ☐ 1 teaspoon vanilla
- ☐ 0.5 teaspoon almond extract

☐ 1 cup powdered sugar

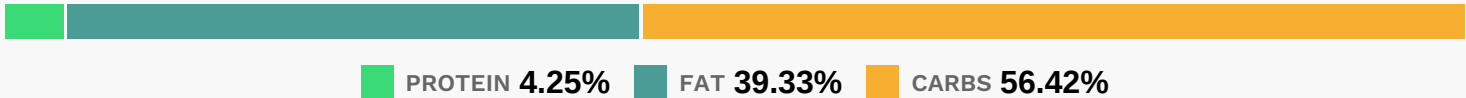
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ wire rack

Directions

- ☐ Heat oven to 350°F. In large bowl, stir together cookie mix, almonds, allspice, cardamom and cinnamon. Stir in butter, vanilla and almond extract until soft dough forms.
- ☐ Shape level tablespoonfuls of dough into balls. On ungreased cookie sheets, place balls 2 inches apart.
- ☐ Bake 12 to 14 minutes or until set. Cool 5 minutes; remove from cookie sheets to cooling rack.
- ☐ Place powdered sugar in shallow bowl. Gently roll warm cookies in powdered sugar to coat all sides; place on cooling rack. Cool completely, about 15 minutes.
- ☐ Roll in sugar again.

Nutrition Facts



Properties

Glycemic Index:0.97, Glycemic Load:0.03, Inflammation Score:-1, Nutrition Score:1.2273913008849%

Flavonoids

Cyanidin: 0.07mg, Cyanidin: 0.07mg, Cyanidin: 0.07mg, Cyanidin: 0.07mg Catechin: 0.04mg, Catechin: 0.04mg, Catechin: 0.04mg, Catechin: 0.04mg Epigallocatechin: 0.08mg, Epigallocatechin: 0.08mg, Epigallocatechin: 0.08mg, Epigallocatechin: 0.08mg Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Isorhamnetin: 0.08mg, Isorhamnetin: 0.08mg, Isorhamnetin: 0.08mg, Isorhamnetin: 0.08mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 107.82kcal (5.39%), Fat: 4.78g (7.35%), Saturated Fat: 0.64g (4.01%), Carbohydrates: 15.41g (5.14%), Net Carbohydrates: 15.01g (5.46%), Sugar: 9.81g (10.9%), Cholesterol: 0mg (0%), Sodium: 69.26mg (3.01%), Alcohol: 0.06g (100%), Alcohol %: 0.31% (100%), Protein: 1.16g (2.32%), Vitamin E: 0.86mg (5.74%), Manganese: 0.09mg (4.32%), Vitamin B2: 0.04mg (2.4%), Vitamin A: 113.11IU (2.26%), Magnesium: 8.33mg (2.08%), Fiber: 0.41g (1.63%), Copper: 0.03mg (1.58%), Phosphorus: 15.2mg (1.52%)