

Chai-Spiced Cheesecake with Ginger Crust

Vegetarian







DESSERT

Ingredients

1.5 cups flour
32 ounce cream cheese room temperature
0.3 cup candied ginger minced
1 large egg yolk
2 large egg yolk
5 large eggs

0.3 teaspoon ground allspice

2.5 teaspoons ground cardamom

	2.5 teaspoons ground ginger	
	0.1 teaspoon pepper black	
	8 ounce mascarpone cheese italian (cream cheese)	
	0.3 teaspoon salt	
	1.3 cups cream sour	
	3 tablespoons sugar	
	0.8 cup butter unsalted room temperature ()	
	2 teaspoons vanilla extract	
Eq	uipment	
	bowl	
	frying pan	
	oven	
	knife	
	whisk	
	hand mixer	
	aluminum foil	
	springform pan	
Directions		
	Spray 9-inch-diameter springform pan with 3-inch-high sides with nonstick spray. Sift flour, ginger, and salt into medium bowl. Using electric mixer, beat butter and sugar in another medium bowl until blended. Beat in egg yolk, then flour mixture. Stir in crystallized ginger. Gather dough into ball; flatten into disk.	
	Roll out on floured surface to 9-inch round.	
	Transfer to prepared pan. Press onto bottom and 1 inch up sides of pan; pierce all over with fork. Freeze 30 minutes.	
	Position rack in center of oven and preheat to 350°F. Line crust with foil; fill with dried beans or pie weights.	
	Bake until set, about 30 minutes.	

	Remove foil and beans.	
	Bake crust until golden brown and cooked through, about 20 minutes. Cool crust completely on rack.	
	Preheat oven to 350°F. Using electric mixer, beat cream cheese and sugar in large bowl until smooth, about 3 minutes.	
	Add mascarpone; beat until smooth. Beat in whole eggs, 1 at a time, then beat in yolks.	
	Add next 6 ingredients; beat until blended.	
	Transfer filling to cooled crust in pan; smooth top.	
	Bake cake 1 hour. Reduce oven temperature to 200°F. Continue baking until cake is set around edges but center moves slightly when pan is gently shaken (top of cake may crack), about 30 minutes longer.	
	Remove cake from oven. Increase oven temperature to 350°F.	
	Whisk all ingredients in small bowl; spread evenly over top of cake.	
	Bake until set, about 10 minutes. Run small knife around cake sides. Chill uncovered overnight. DO AHEAD Can be made 2 days ahead. Chill until cold, then cover and keep chilled.	
	Remove pan sides.	
	Transfer cake to platter.	
	Cut into wedges and serve.	
Nutrition Facts		
	PROTEIN 7.42% FAT 77.39% CARBS 15.19%	

Properties

Glycemic Index:18.67, Glycemic Load:11.86, Inflammation Score:-8, Nutrition Score:10.929130363724%

Nutrients (% of daily need)

Calories: 628.01kcal (31.4%), Fat: 54.3g (83.53%), Saturated Fat: 31.53g (197.06%), Carbohydrates: 23.97g (7.99%), Net Carbohydrates: 23.35g (8.49%), Sugar: 9.17g (10.19%), Cholesterol: 264.24mg (88.08%), Sodium: 338.4mg (14.71%), Alcohol: 0.23g (100%), Alcohol %: 0.16% (100%), Protein: 11.72g (23.44%), Vitamin A: 1967.89IU (39.36%), Selenium: 21.91µg (31.31%), Vitamin B2: 0.42mg (24.66%), Manganese: 0.39mg (19.38%), Phosphorus: 179.98mg (18%), Calcium: 151.07mg (15.11%), Folate: 53.43µg (13.36%), Vitamin B1: 0.16mg (10.86%), Vitamin B5: 1.05mg (10.5%), Vitamin E: 1.41mg (9.43%), Vitamin B12: 0.51µg (8.54%), Iron: 1.46mg (8.1%), Zinc: 1mg (6.66%), Vitamin D: 0.86µg (5.73%), Vitamin B6: 0.11mg (5.71%), Potassium: 197.17mg (5.63%), Vitamin B3: 1.09mg (5.43%), Magnesium:

17.81 mg (4.45%), Copper: 0.07mg (3.3%), Vitamin K: 3.14 μ g (2.99%), Fiber: 0.61g (2.45%)