



Champagne Vinaigrette



Vegetarian



Gluten Free



Dairy Free

READY IN



10 min.

SERVINGS



10

CALORIES



55 kcal

SIDE DISH

Ingredients

- ☐ 0.3 cup champagne vinegar
- ☐ 2 tablespoons dijon mustard
- ☐ 0.3 cup olive oil extra virgin
- ☐ 2 teaspoons honey
- ☐ 0.3 teaspoon pepper freshly ground
- ☐ 0.8 teaspoon salt

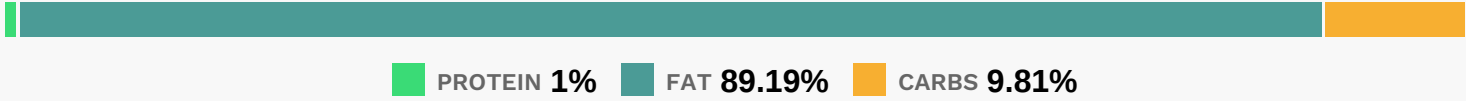
Equipment

- ☐ whisk

Directions

☐ Whisk together all ingredients. Cover and chill at least 30 minutes or up to 3 days.

Nutrition Facts



Properties

Glycemic Index:11.63, Glycemic Load:0.62, Inflammation Score:-1, Nutrition Score:0.65739131184376%

Flavonoids

Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg

Nutrients (% of daily need)

Calories: 55.08kcal (2.75%), Fat: 5.5g (8.47%), Saturated Fat: 0.75g (4.71%), Carbohydrates: 1.36g (0.45%), Net Carbohydrates: 1.22g (0.44%), Sugar: 1.19g (1.32%), Cholesterol: 0mg (0%), Sodium: 208.06mg (9.05%), Alcohol: 0g (0%), Alcohol %: 0% (100%), Protein: 0.14g (0.28%), Vitamin E: 0.79mg (5.26%), Vitamin K: 3.38µg (3.22%), Selenium: 1.03µg (1.48%), Manganese: 0.02mg (1.16%)