



## Chandon Brut Mojito



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



1

CALORIES



124 kcal

BEVERAGE

DRINK

### Ingredients

- ☐ 7 mint leaves fresh for garnish
- ☐ 1 serving ice cubes
- ☐ 0.3 lime wedges for garnish
- ☐ 1 oz rum
- ☐ 0.5 oz simple syrup glaze
- ☐ 1 oz sparkling wine chilled

### Equipment

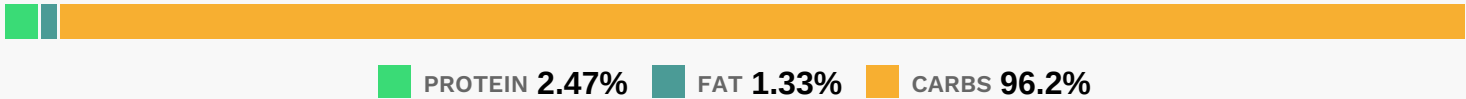
- ☐ sieve

☐ wooden spoon

Directions

- ☐ In a cocktail shaker, combine the mint leaves with the Simple Syrup and lime juice. Using a muddler or the handle of a long wooden spoon, crush the mint.
- ☐ Add the rum and fill the cocktail shaker about two-thirds full with ice cubes. Cover and shake vigorously for 5–10 seconds. Strain through a strainer or fine-mesh sieve into a rocks glass filled with ice. Top with the sparkling wine.
- ☐ Garnish with the reserved mint leaf and a wedge of lime.
- ☐ Serve at once.
- ☐ From Domaine Chandon Cookbook by Jeff Morgan. Text copyright © 2010 by Domaine Chandon; photography © 2010 by France Ruffenach. Published by Chronicle Books LLC.

Nutrition Facts



Properties

Glycemic Index:47, Glycemic Load:0.11, Inflammation Score:-4, Nutrition Score:1.8808695572712%

Flavonoids

Eriodictyol: 2.16mg, Eriodictyol: 2.16mg, Eriodictyol: 2.16mg, Eriodictyol: 2.16mg Hesperetin: 2.65mg, Hesperetin: 2.65mg, Hesperetin: 2.65mg, Hesperetin: 2.65mg Naringenin: 0.15mg, Naringenin: 0.15mg, Naringenin: 0.15mg, Naringenin: 0.15mg Apigenin: 0.38mg, Apigenin: 0.38mg, Apigenin: 0.38mg, Apigenin: 0.38mg Luteolin: 0.89mg, Luteolin: 0.89mg, Luteolin: 0.89mg, Luteolin: 0.89mg Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg

Nutrients (% of daily need)

Calories: 123.76kcal (6.19%), Fat: 0.07g (0.12%), Saturated Fat: 0.02g (0.11%), Carbohydrates: 12.21g (4.07%), Net Carbohydrates: 11.53g (4.19%), Sugar: 10.78g (11.98%), Cholesterol: 0mg (0%), Sodium: 15.55mg (0.68%), Alcohol: 11.28g (100%), Alcohol %: 10.33% (100%), Protein: 0.31g (0.63%), Vitamin A: 299.61IU (5.99%), Iron: 1.02mg (5.65%), Manganese: 0.09mg (4.39%), Vitamin C: 3.54mg (4.29%), Fiber: 0.69g (2.74%), Magnesium: 10.68mg (2.67%), Calcium: 24.57mg (2.46%), Copper: 0.05mg (2.34%), Potassium: 78.86mg (2.25%), Folate: 8.62µg (2.16%), Vitamin B2: 0.03mg (1.88%), Vitamin B1: 0.03mg (1.81%), Phosphorus: 12.44mg (1.24%)