



Charred Tomatillo Margarita Salsa



Vegetarian



Vegan

READY IN



75 min.

SERVINGS



8

CALORIES



290 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.5 teaspoon chili powder
- ☐ 1 juice of lime
- ☐ 8 servings kosher salt and pepper black freshly ground
- ☐ 2 poblano chiles halved seeded
- ☐ 1 bunch scallions trimmed
- ☐ 0.3 cup tequila
- ☐ 6 tomatillos halved
- ☐ 8 servings tortilla chips for serving

☐ 8 servings vegetable oil for drizzling

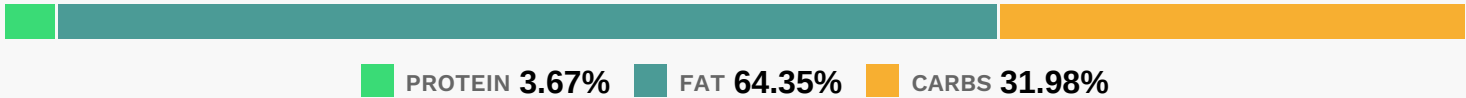
Equipment

- ☐ food processor
- ☐ bowl
- ☐ baking sheet
- ☐ broiler

Directions

- ☐ Place the tomatillos, poblanos and scallions on a rimmed baking sheet.
- ☐ Drizzle with vegetable oil and season with salt and pepper.
- ☐ Place under the broiler and cook until well charred, turning once, about 5 minutes per side. When cool enough to handle, remove the skin from the poblanos.
- ☐ Add the charred vegetables to a food processor along with the tequila, chili powder, lime juice, 1/2 teaspoon salt and a pinch of black pepper. Pulse until smooth but still slightly chunky.
- ☐ Remove to a medium bowl. Season with salt and pepper. Refrigerate until chilled, at least 1 hour or overnight.
- ☐ Serve with tortilla chips.
- ☐ From Food Network Kitchens

Nutrition Facts



Properties

Glycemic Index:11.13, Glycemic Load:0.15, Inflammation Score:-4, Nutrition Score:7.6256521992061%

Flavonoids

Eriodictyol: 0.08mg, Eriodictyol: 0.08mg, Eriodictyol: 0.08mg, Eriodictyol: 0.08mg Hesperetin: 0.34mg, Hesperetin: 0.34mg, Hesperetin: 0.34mg, Hesperetin: 0.34mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Luteolin: 1.4mg, Luteolin: 1.4mg, Luteolin: 1.4mg, Luteolin: 1.4mg Kaempferol: 0.06mg, Kaempferol: 0.06mg, Kaempferol: 0.06mg, Kaempferol: 0.06mg Quercetin: 1mg, Quercetin: 1mg, Quercetin: 1mg, Quercetin: 1mg

Quercetin: 1mg

Nutrients (% of daily need)

Calories: 289.86kcal (14.49%), Fat: 20.14g (30.98%), Saturated Fat: 2.98g (18.63%), Carbohydrates: 22.52g (7.51%), Net Carbohydrates: 19.85g (7.22%), Sugar: 2.08g (2.31%), Cholesterol: 0mg (0%), Sodium: 95.69mg (4.16%), Alcohol: 2.51g (100%), Alcohol %: 2.84% (100%), Protein: 2.59g (5.17%), Vitamin K: 42.9µg (40.86%), Vitamin C: 28.59mg (34.66%), Vitamin E: 2.41mg (16.09%), Fiber: 2.66g (10.66%), Magnesium: 32.85mg (8.21%), Phosphorus: 81.36mg (8.14%), Vitamin B6: 0.14mg (6.86%), Potassium: 187.95mg (5.37%), Manganese: 0.1mg (4.85%), Vitamin B1: 0.07mg (4.72%), Vitamin B3: 0.89mg (4.43%), Iron: 0.77mg (4.28%), Vitamin A: 209.38IU (4.19%), Vitamin B5: 0.41mg (4.09%), Calcium: 37.98mg (3.8%), Copper: 0.07mg (3.73%), Zinc: 0.51mg (3.37%), Folate: 10.47µg (2.62%), Vitamin B2: 0.04mg (2.44%), Selenium: 1.41µg (2.02%)