



Cheddar and Bacon Biscuits

READY IN



30 min.

SERVINGS



4

CALORIES



122 kcal

Ingredients

- ☐ 4 biscuits frozen pillsbury® (from 25-oz. pkg.)
- ☐ 2 teaspoons oz. bacon into pieces
- ☐ 2 tablespoons cheddar cheese shredded finely

Equipment

- ☐ baking sheet
- ☐ oven

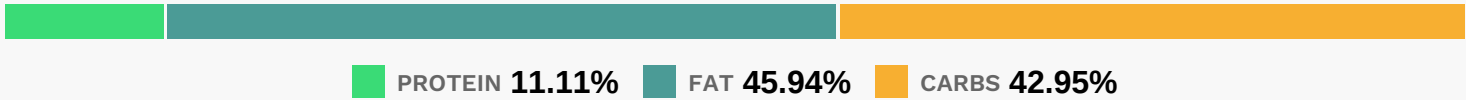
Directions

- ☐ Heat oven to 375°F.

- ☐
- Place frozen biscuits on ungreased cookie sheet, sides touching.

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Nutrition Facts



Properties

Glycemic Index:23, Glycemic Load:8.31, Inflammation Score:-1, Nutrition Score:3.2965217278056%

Nutrients (% of daily need)

Calories: 122.14kcal (6.11%), Fat: 6.27g (9.65%), Saturated Fat: 1.74g (10.87%), Carbohydrates: 13.2g (4.4%), Net Carbohydrates: 12.85g (4.67%), Sugar: 0.95g (1.06%), Cholesterol: 7.02mg (2.34%), Sodium: 334.64mg (14.55%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 3.41g (6.83%), Phosphorus: 135.57mg (13.56%), Selenium: 6.28µg (8.97%), Vitamin B1: 0.12mg (7.77%), Vitamin B2: 0.1mg (5.74%), Manganese: 0.11mg (5.31%), Iron: 0.9mg (4.99%), Folate: 19.79µg (4.95%), Vitamin B3: 0.91mg (4.54%), Calcium: 43.28mg (4.33%), Vitamin E: 0.39mg (2.59%), Zinc: 0.29mg (1.9%), Potassium: 63.75mg (1.82%), Magnesium: 5.74mg (1.43%), Fiber: 0.35g (1.4%), Vitamin B12: 0.08µg (1.38%), Copper: 0.02mg (1.19%), Vitamin K: 1.21µg (1.15%)