



Cheese-Garlic Biscuits

 Gluten Free

READY IN



15 min.

SERVINGS



9

CALORIES



59 kcal

Ingredients

- ☐ 2 tablespoons butter
- ☐ 0.1 teaspoon garlic powder
- ☐ 0.7 cup milk
- ☐ 2 ounces cheddar cheese shredded
- ☐ 2 cups frangelico
- ☐ 2 cups frangelico

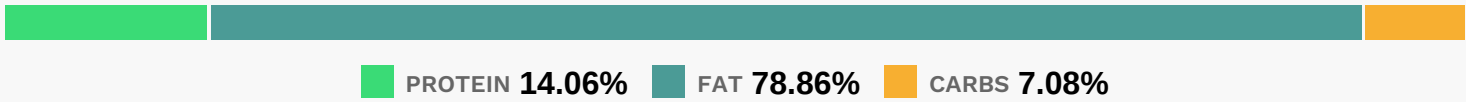
Equipment

- ☐ baking sheet
- ☐ oven

Directions

- ☐ Heat oven to 450F.
- ☐ Stir Bisquick mix, milk and cheese until soft dough forms. Drop dough by 9 spoonfuls onto ungreased cookie sheet.
- ☐ Bake 8 to 10 minutes or until golden brown. Stir together butter and garlic powder; brush over warm biscuits.

Nutrition Facts



Properties

Glycemic Index:7.78, Glycemic Load:0.36, Inflammation Score:-2, Nutrition Score:1.5139130546671%

Nutrients (% of daily need)

Calories: 59.05kcal (2.95%), Fat: 5.23g (8.04%), Saturated Fat: 2.07g (12.91%), Carbohydrates: 1.06g (0.35%), Net Carbohydrates: 1.05g (0.38%), Sugar: 0.89g (0.99%), Cholesterol: 8.47mg (2.82%), Sodium: 77.43mg (3.37%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.1g (4.19%), Calcium: 67.74mg (6.77%), Phosphorus: 48mg (4.8%), Vitamin A: 203.69IU (4.07%), Vitamin B2: 0.05mg (3.17%), Selenium: 2.14µg (3.05%), Vitamin B12: 0.17µg (2.79%), Zinc: 0.31mg (2.04%), Vitamin D: 0.24µg (1.58%), Vitamin E: 0.15mg (1.02%)