



Cheesecake Lemon Bars

 Vegetarian  Popular

READY IN



75 min.

SERVINGS



15

CALORIES



266 kcal

DESSERT

Ingredients

- 0.5 cup confectioners' sugar
- 16 ounce cream cheese softened
- 2 eggs beaten
- 1 tablespoon flour all-purpose
- 0.5 cup juice of lemon
- 1 tablespoon lemon zest
- 0.8 cup butter unsalted cut into cubes
- 1 cup sugar white

Equipment

- bowl
- oven
- knife
- whisk
- mixing bowl
- blender
- baking pan

Directions

- Preheat an oven to 350 degrees F (175 degrees C). Lightly butter a 9x13-inch baking dish.
- Whisk together 1 1/2 cup flour and confectioners' sugar in a mixing bowl.
- Cut in the cold butter with a knife or pastry blender until the mixture resembles coarse crumbs. Press the crumbs into the bottom and up the sides of the prepared baking dish to form a crust.
- Bake in the preheated oven until golden brown, 15 to 18 minutes.
- Remove from oven, and set aside.
- Whisk together 4 eggs, 1 1/2 cup sugar, 1 tablespoon flour, lemon zest, and lemon juice in a bowl.
- Pour lemon mixture into the prepared crust. Skim off any bubbles from the surface of the filling.
- Mix the cream cheese and 1 cup sugar in a bowl until well blended.
- Whisk in 2 eggs, then spread over the lemon mixture. The mixtures will separate during baking.
- Bake in the preheated oven until the filling is set, about 30 minutes.

Nutrition Facts



PROTEIN 4.07% FAT 66.65% CARBS 29.28%

Properties

Glycemic Index:11.47, Glycemic Load:10.03, Inflammation Score:-4, Nutrition Score:2.8343478259833%

Flavonoids

Eriodictyol: 0.4mg, Eriodictyol: 0.4mg, Eriodictyol: 0.4mg, Eriodictyol: 0.4mg Hesperetin: 1.18mg, Hesperetin: 1.18mg, Hesperetin: 1.18mg, Hesperetin: 1.18mg Naringenin: 0.11mg, Naringenin: 0.11mg, Naringenin: 0.11mg, Naringenin: 0.11mg Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg

Nutrients (% of daily need)

Calories: 266.3kcal (13.31%), Fat: 20.23g (31.13%), Saturated Fat: 12.13g (75.79%), Carbohydrates: 20g (6.67%), Net Carbohydrates: 19.92g (7.24%), Sugar: 18.61g (20.67%), Cholesterol: 76.77mg (25.59%), Sodium: 104.86mg (4.56%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.78g (5.56%), Vitamin A: 722.12IU (14.44%), Selenium: 4.8µg (6.86%), Vitamin B2: 0.11mg (6.32%), Phosphorus: 47.93mg (4.79%), Vitamin C: 3.66mg (4.44%), Vitamin E: 0.6mg (3.99%), Calcium: 36.61mg (3.66%), Vitamin B5: 0.29mg (2.89%), Vitamin B12: 0.14µg (2.3%), Folate: 8.41µg (2.1%), Vitamin D: 0.29µg (1.92%), Potassium: 60.64mg (1.73%), Zinc: 0.25mg (1.65%), Vitamin B6: 0.03mg (1.59%), Vitamin K: 1.45µg (1.38%), Magnesium: 4.31mg (1.08%), Vitamin B1: 0.02mg (1.07%)