

DINNER

Cheesy Chicken-and-Pasta Bake

5 October 2026

TOTAL TIME	SERVES	PER SERVING	CALORIES
45 min	5	\$0.94	322 kcal



Cheesy Chicken-and-Pasta Bake requires approximately 45 minutes from start to finish. One serving contains 322 calories, 25g of protein, and 14g of fat. This recipe serves 5. For 94 cents per serving, this recipe covers 13% of your daily requirements of vitamins and minerals. 1 person has tried and...

Ingredients

- ☐ ½ cup diced celery
- ☐ 10¼ ounce condensed cream of chicken soup canned
- ☐ 2 cups cooked rotini
- ☐ ½ teaspoon dried Italian seasoning
- ☐ 5 servings Garnish: celery leaves
- ☐ 2 cups coarsely chopped cooked chicken
- ☐ 4 ounces cup Italian blend shredded cheese, divided
- ☐ 1 cup milk

EQUIPMENT Oven, Baking pan

Method

- 1 Stir together 1/2 cup cheese and next 6 ingredients; spoon into a lightly greased 11- x 7-inch baking dish.
- 2 Bake at 375 for 25 minutes.
- 3 Sprinkle with remaining 1/2 cup cheese; bake 5 more minutes.
- 4 Garnish, if desired.

Nutrition per serving

322
KCAL

25 g
PROTEIN

14 g
FAT

22 g
CARBS

Saturated Fat	6 g · 38% of daily needs
Fibre	1.1 g · 4% of daily needs
Sugar	3.3 g · 4% of daily needs
Sodium	640 mg · 28% of daily needs
Cholesterol	70.7 mg · 24% of daily needs

Adapted from My Recipes. Find this recipe, ratings and more ideas at whatsheate.com/cheesy-chicken-and-pasta-bake-148179