



Cheesy Christmas Tree

READY IN



10 min.

SERVINGS



10

CALORIES



207 kcal

SIDE DISH

Ingredients

- 0.5 cup classico basil pesto sauce and spread traditional
- 8 oz philadelphia cream cheese
- 1 stick polly-o twists kraft
- 0.3 cup pasilla peppers red chopped
- 10 servings ritz crackers

Equipment

Directions

- Cut block of cream cheese diagonally in half. Arrange both halves, with points together, on serving plate to resemble Christmas-tree shape.
- Cut a 2-inch piece from the string cheese.
- Place at bottom of tree for the trunk. Wrap up remaining cheese; refrigerate until ready to use for snacking or other use.
- Spoon pesto over cream cheese; sprinkle with peppers.
- Serve as a spread with the crackers.

Nutrition Facts



Properties

Glycemic Index:14.2, Glycemic Load:0.45, Inflammation Score:-5, Nutrition Score:3.9799999853839%

Flavonoids

Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 207.44kcal (10.37%), Fat: 16.12g (24.8%), Saturated Fat: 6.25g (39.06%), Carbohydrates: 12.71g (4.24%), Net Carbohydrates: 12.06g (4.39%), Sugar: 2.71g (3.01%), Cholesterol: 23.9mg (7.97%), Sodium: 329.66mg (14.33%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 3.19g (6.39%), Vitamin A: 671.2IU (13.42%), Vitamin K: 8.66µg (8.25%), Phosphorus: 69.04mg (6.9%), Calcium: 66.89mg (6.69%), Vitamin C: 4.77mg (5.78%), Vitamin B2: 0.1mg (5.77%), Vitamin E: 0.81mg (5.42%), Vitamin B1: 0.08mg (5.22%), Manganese: 0.09mg (4.7%), Iron: 0.83mg (4.63%), Vitamin B3: 0.84mg (4.22%), Folate: 15.46µg (3.86%), Selenium: 2.69µg (3.85%), Fiber: 0.65g (2.59%), Vitamin B5: 0.2mg (2.01%), Vitamin B6: 0.03mg (1.66%), Potassium: 57.06mg (1.63%), Zinc: 0.22mg (1.48%), Magnesium: 5.56mg (1.39%), Copper: 0.02mg (1.24%)