

Cheesy Crescent Underdogs



Ingredients

0.5 cup approx cream cheese spread
48 hot dogs smoked (from two 14-oz packages)
24 pimiento stuffed olives green halved
16 oz regular crescent rolls refrigerated pillsbury® canne

Equipment

baking sheet
oven

Directions Heat oven to 375°F. Separate each can of crescent dough into 8 triangles. Cut each triangle lengthwise into 3 narrow triangles. Place 1/2 teaspoon cream cheese on shortest side of each triangle; top with olive half and 1 sausage. Roll up, starting at shortest side of each triangle and rolling to opposite point; place point side down on 2 ungreased cookie sheets. Bake 12 to 15 minutes or until golden brown, switching position of cookie sheets halfway through baking. Immediately remove from cookie sheet. Serve warm. Nutrition Facts

Properties

Glycemic Index:0.58, Glycemic Load:2.32, Inflammation Score:-1, Nutrition Score:3.5000000033204%

Flavonoids

Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg

Nutrients (% of daily need)

Calories: 152.99kcal (7.65%), Fat: 9.53g (14.66%), Saturated Fat: 3.57g (22.29%), Carbohydrates: 12.28g (4.09%), Net Carbohydrates: 12.22g (4.44%), Sugar: 1.03g (1.14%), Cholesterol: 21.72mg (7.24%), Sodium: 424.15mg (18.44%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 5.27g (10.54%), Selenium: 11.94µg (17.06%), Vitamin B3: 1.68mg (8.39%), Vitamin B2: 0.13mg (7.42%), Vitamin B1: 0.11mg (7.23%), Iron: 1.19mg (6.62%), Zinc: 0.91mg (6.07%), Folate: 22.11µg (5.53%), Phosphorus: 44.63mg (4.46%), Vitamin B12: 0.23µg (3.9%), Vitamin B5: 0.23mg (2.34%), Manganese: 0.04mg (2.09%), Potassium: 66.54mg (1.9%), Copper: 0.04mg (1.88%), Magnesium: 6.07mg (1.52%), Calcium: 14.68mg (1.47%), Vitamin B6: 0.02mg (1.16%)