



Cheesy Mummy Wrapped Dogs

READY IN



22 min.

SERVINGS



22

CALORIES



90 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 8 oscar mayer beef franks
- 4 singles kraft
- 8 oz crescent dinner rolls refrigerated canned

Equipment

- baking sheet
- oven

Directions

- Heat oven to 375F.
- Unroll dough into 8 triangles.
- Place Singles triangles and franks at short ends of triangles; roll up.
- Place, seam-sides down, on baking sheet.
- Bake 12 min. or until golden brown.

Nutrition Facts

 **PROTEIN 9.86%**  **FAT 70.38%**  **CARBS 19.76%**

Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:0, Nutrition Score:0.95130434567514%

Nutrients (% of daily need)

Calories: 89.86kcal (4.49%), Fat: 7.17g (11.03%), Saturated Fat: 2.97g (18.55%), Carbohydrates: 4.53g (1.51%), Net Carbohydrates: 4.53g (1.65%), Sugar: 1.3g (1.45%), Cholesterol: 9.19mg (3.06%), Sodium: 251.01mg (10.91%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.26g (4.52%), Vitamin B12: 0.27µg (4.45%), Selenium: 1.88µg (2.69%), Phosphorus: 24.59mg (2.46%), Zinc: 0.36mg (2.42%), Iron: 0.35mg (1.94%), Vitamin B3: 0.38mg (1.88%), Copper: 0.02mg (1.15%)