



Cheesy Pigs in Blankets

READY IN



22 min.

SERVINGS



22

CALORIES



77 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 8 oz crescent dinner rolls refrigerated canned
- 6 sticks polly-o mozzarella string cheese kraft
- 8 oscar mayer wieners

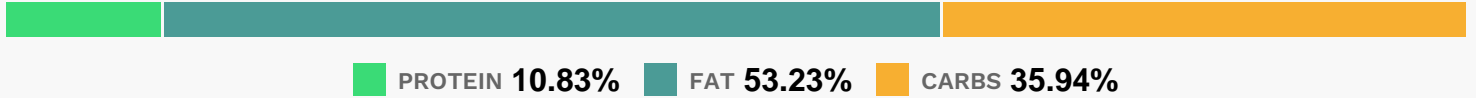
Equipment

- baking sheet
- oven

Directions

- Heat oven to 375F.
- Cut lengthwise pocket in each wiener to within 1/2 inch of ends. Pull each cheese stick into 4 long strips; insert 3 strips in pocket in each wiener.
- Separate crescent dough into 8 triangles; wrap 1 triangle around each wiener.
- Place, cheese-sides up, on baking sheet.
- Bake 12 min. or until golden brown.

Nutrition Facts



Properties

Glycemic Index:1.27, Glycemic Load:0.84, Inflammation Score:-1, Nutrition Score:1.259130426885%

Nutrients (% of daily need)

Calories: 77.28kcal (3.86%), Fat: 4.7g (7.24%), Saturated Fat: 1.81g (11.34%), Carbohydrates: 7.14g (2.38%), Net Carbohydrates: 7.14g (2.6%), Sugar: 1.03g (1.15%), Cholesterol: 7.51mg (2.5%), Sodium: 195mg (8.48%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.15g (4.31%), Selenium: 4.34µg (6.19%), Vitamin B3: 0.61mg (3.04%), Iron: 0.52mg (2.87%), Vitamin B2: 0.05mg (2.7%), Vitamin B1: 0.04mg (2.62%), Zinc: 0.33mg (2.2%), Folate: 8.02µg (2%), Phosphorus: 16.2mg (1.62%), Vitamin B12: 0.09µg (1.42%)