

DINNER

Cheezy Chicken Spaghetti Bake

11 September 2026

TOTAL TIME	SERVES	PER SERVING	CALORIES
45 min	4	\$3.70	695 kcal

Cheezy Chicken Spaghetti Bake takes around 45 minutes from beginning to end. One portion of this dish contains approximately 35g of protein, 29g of fat, and a total of 695 calories. For \$3.7 per serving, you get a main course that serves 4.

Ingredients

- ☐ 21½ ounce condensed cream of chicken soup
canned
- ☐ 5 ounce processed cheese spread
- ☐ 5 ounce processed cheese spread with jalapenos
- ☐ 4 skinless, boneless chicken breasts
- ☐ 8 ounces spaghetti

EQUIPMENT Oven, Baking pan, Aluminum foil, Microwave

Method

- 1

Boil spaghetti as directed on package.
- 2

Drain.
- 3

Meanwhile, brown chicken breast until tender and done all the way through. Shred chicken into bite-size pieces.
- 4

Melt processed cheese spread in a microwave oven as directed on jar.
- 5

Pour drained spaghetti in a large baking dish.
- 6

Add melted cheese spread and soup; mix well. Stir in chicken, and mix well. Cover with foil.

7 Bake at 425 degrees F (220 degrees C) for 25 minutes.

Nutrition per serving

695	35 g	29 g	62 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			9.8 g · 61% of daily needs
Fibre			1.8 g · 7% of daily needs
Sugar			8.8 g · 10% of daily needs
Sodium			1,939 mg · 84% of daily needs
Cholesterol			123 mg · 41% of daily needs
Vitamin C			6.1 mg · 7% of daily needs

Adapted from Allrecipes. Find this recipe, ratings and more ideas at whatsheate.com/cheezy-chicken-spaghetti-bake-142039