

Chef John's Truffled Potato Gratin







SIDE DISH

Ingredients

2 teaspoons butter softened
1 cup chicken stock see
1 teaspoon thyme leaves fresh divided minced
2 cups heavy whipping cream
5 cups mushrooms sliced
1 tablespoon olive oil
5 russet potatoes peeled very thinly sliced

6 servings salt and pepper black freshly ground to taste

Equipment		
	bowl	
	sauce pan	
	oven	
	baking pan	
	aluminum foil	
Directions		
	Melt 11/3 tablespoon butter with olive oil in a large saucepan over medium-high heat; cook mushrooms in the hot butter-oil mixture, stirring often, until browned on the edges, 15 to 20 minutes.	
	Preheat oven to 350 degrees F (175 degrees C).	
	Combine 2 teaspoons softened butter with garlic in a small bowl; butter a 9x13-inch baking dish with garlic butter.	
	Spread 1/3 the potatoes into the bottom of the prepared baking dish in a layer; season with salt, black pepper, 1/2 the thyme leaves, and 1/2 the cooked mushrooms.	
	Sprinkle almost half the sottocenere cheese over potatoes, reserving about 3 tablespoons for the top.	
	Layer next 1/3 the potatoes over cheese, season with salt and black pepper, remaining 1/2 thyme leaves, 1/2 the remaining cheese, remaining mushrooms, and last layer of potatoes. Season potatoes with more salt and black pepper.	
	Pour chicken stock and cream over the top.	
	Sprinkle with more salt and black pepper and reserved 3 tablespoons of sottocenere cheese. Cover dish loosely with aluminum foil; tent the foil a little so it doesn't touch the potatoes.	
	Bake in the preheated oven until potatoes are bubbly, about 45 minutes.	
	Remove foil and cook until top is browned, about 15 more minutes.	
	Let cool slightly before serving.	

Nutrition Facts

Properties

Glycemic Index:40.63, Glycemic Load:25.83, Inflammation Score:-8, Nutrition Score:16.395217429037%

Flavonoids

Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg Luteolin: 0.15mg, Luteolin: 0.15mg, Luteolin: 0.15mg, Luteolin: 0.15mg

Nutrients (% of daily need)

Calories: 475.12kcal (23.76%), Fat: 33.23g (51.12%), Saturated Fat: 19.64g (122.77%), Carbohydrates: 38.49g (12.83%), Net Carbohydrates: 35.31g (12.84%), Sugar: 5.63g (6.26%), Cholesterol: 94.43mg (31.48%), Sodium: 102.31mg (4.45%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 9.57g (19.15%), Vitamin B6: O.75mg (37.46%), Vitamin B2: 0.57mg (33.27%), Potassium: 1115.72mg (31.88%), Vitamin B3: 5.42mg (27.08%), Vitamin A: 1227.21IU (24.54%), Copper: O.47mg (23.54%), Phosphorus: 224.15mg (22.41%), Vitamin B5: 1.94mg (19.39%), Manganese: 0.34mg (16.78%), Selenium: 11.43µg (16.33%), Vitamin B1: O.24mg (16.04%), Vitamin C: 12.89mg (15.62%), Magnesium: 55.92mg (13.98%), Fiber: 3.18g (12.72%), Iron: 2.17mg (12.06%), Folate: 43.84µg (10.96%), Vitamin D: 1.43µg (9.53%), Calcium: 81.25mg (8.13%), Zinc: 1.19mg (7.91%), Vitamin E: 1.14mg (7.62%), Vitamin K: 7.5µg (7.14%), Vitamin B12: O.16µg (2.7%)