

Cherries Jubilee Cheesecake Bars







DESSERT

Ingredients

0.5 cup butter softer	ied
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1 container cherries

16 oz cream cheese softened

3 eggs

1 box duncan hines classic decadent cake mix

Equipment

bowl

frying pan

	oven	
	hand mixer	
Directions		
	Heat oven to 325F. In large bowl, beat dry cake mix and butter with electric mixer on low speed until crumbly; reserve 1 cup. In bottom of ungreased 13x9-inch pan, press remaining crumbly mixture.	
	In same bowl, beat cream cheese and frosting with electric mixer on medium speed until smooth. Beat in eggs until blended.	
	Pour over crust; sprinkle with reserved crumbly mixture.	
	Bake about 45 minutes (about 42 minutes for dark or nonstick pan) or until set; cool completely. Cover and refrigerate at least 2 hours until chilled. For bars, cut into 6 rows by 6 rows. Store covered in refrigerator.	
Nutrition Facts		
	PROTEIN 5.85% FAT 54.96% CARBS 39.19%	

Properties

Glycemic Index:1.36, Glycemic Load:0.19, Inflammation Score:-2, Nutrition Score:2.1665217439927%

Flavonoids

Cyanidin: 0.01mg, Cyanidin: 0.01mg, Cyanidin: 0.01mg, Cyanidin: 0.01mg

Nutrients (% of daily need)

Calories: 125.45kcal (6.27%), Fat: 7.75g (11.92%), Saturated Fat: 3.47g (21.67%), Carbohydrates: 12.44g (4.15%), Net Carbohydrates: 12.28g (4.46%), Sugar: 6.53g (7.26%), Cholesterol: 26.37mg (8.79%), Sodium: 174.02mg (7.57%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 1.86g (3.71%), Phosphorus: 69.87mg (6.99%), Vitamin A: 301.81lU (6.04%), Selenium: 3.44µg (4.92%), Calcium: 46.68mg (4.67%), Vitamin B2: 0.08mg (4.59%), Folate: 12.94µg (3.24%), Vitamin E: 0.37mg (2.46%), Vitamin B1: 0.04mg (2.39%), Iron: 0.36mg (1.99%), Vitamin B3: 0.36mg (1.79%), Vitamin B5: 0.17mg (1.73%), Manganese: 0.03mg (1.59%), Zinc: 0.18mg (1.18%), Vitamin B12: 0.06µg (1.06%)