



Cherry Brown Butter Ravioli

READY IN



45 min.

SERVINGS



4

CALORIES



607 kcal

SIDE DISH

LUNCH

MAIN COURSE

MAIN DISH

Ingredients

- ☐ 0.3 cup almonds toasted roughly chopped
- ☐ 10 ounce cheese ravioli store-bought
- ☐ 1 tablespoon thyme sprigs fresh
- ☐ 0.5 tsp kosher salt
- ☐ 3 tablespoons juice of lemon
- ☐ 3 cups thyme apricot and rainier cherries pitted halved
- ☐ 0.5 cup butter unsalted

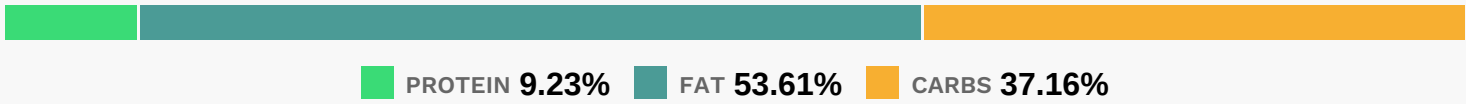
Equipment

- ☐ bowl
- ☐ frying pan
- ☐ sauce pan
- ☐ aluminum foil

Directions

- ☐ Cook pasta as package directs.
- ☐ Drain and spread out on a shallow serving platter. Tent with foil to keep warm.
- ☐ Meanwhile, melt butter in a medium saucepan over high heat. Reduce heat to medium-low and simmer until butter starts to turn medium brown and smells nutty, about 7 minutes.
- ☐ Remove from heat and carefully add lemon juice and 1/2 tsp. salt (it will bubble up).
- ☐ Pour all but 2 tbsp. brown butter into a small bowl; keep warm.
- ☐ Put cherries in pan of brown butter and cook over medium heat, stirring often, until hot and skins start to wrinkle, about 7 minutes.
- ☐ Pour cherries over reserved pasta along with half of reserved brown butter.
- ☐ Sprinkle with almonds and thyme, and add salt to taste.
- ☐ Serve with remaining butter.

Nutrition Facts



Properties

Glycemic Index:23.5, Glycemic Load:10.77, Inflammation Score:-9, Nutrition Score:8.7221740199172%

Flavonoids

Cyanidin: 0.22mg, Cyanidin: 0.22mg, Cyanidin: 0.22mg, Cyanidin: 0.22mg Catechin: 0.11mg, Catechin: 0.11mg, Catechin: 0.11mg, Catechin: 0.11mg Epigallocatechin: 0.23mg, Epigallocatechin: 0.23mg, Epigallocatechin: 0.23mg, Epigallocatechin: 0.23mg Epicatechin: 0.05mg, Epicatechin: 0.05mg, Epicatechin: 0.05mg, Epicatechin: 0.05mg Eriodictyol: 0.57mg, Eriodictyol: 0.57mg, Eriodictyol: 0.57mg, Eriodictyol: 0.57mg Hesperetin: 1.63mg, Hesperetin: 1.63mg, Hesperetin: 1.63mg, Hesperetin: 1.63mg Naringenin: 0.19mg, Naringenin: 0.19mg, Naringenin: 0.19mg, Naringenin: 0.19mg Apigenin: 0.04mg, Apigenin: 0.04mg, Apigenin: 0.04mg, Apigenin: 0.04mg Luteolin: 0.79mg, Luteolin: 0.79mg, Luteolin: 0.79mg, Luteolin: 0.79mg Isorhamnetin: 0.24mg, Isorhamnetin: 0.24mg, Isorhamnetin: 0.24mg, Isorhamnetin: 0.24mg

0.24mg, Isorhamnetin: 0.24mg Kaempferol: 0.03mg, Kaempferol: 0.03mg, Kaempferol: 0.03mg, Kaempferol: 0.03mg Quercetin: 0.07mg, Quercetin: 0.07mg, Quercetin: 0.07mg, Quercetin: 0.07mg

Nutrients (% of daily need)

Calories: 607.24kcal (30.36%), Fat: 35.9g (55.23%), Saturated Fat: 17.7g (110.62%), Carbohydrates: 55.98g (18.66%), Net Carbohydrates: 48.83g (17.76%), Sugar: 21.98g (24.42%), Cholesterol: 99.28mg (33.09%), Sodium: 731.46mg (31.8%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 13.91g (27.82%), Iron: 8.05mg (44.74%), Vitamin C: 24.9mg (30.18%), Fiber: 7.15g (28.6%), Vitamin E: 2.96mg (19.75%), Vitamin A: 793IU (15.86%), Manganese: 0.24mg (11.88%), Vitamin B2: 0.12mg (7.14%), Magnesium: 28.18mg (7.05%), Calcium: 56.52mg (5.65%), Copper: 0.11mg (5.42%), Phosphorus: 52.55mg (5.26%), Vitamin D: 0.43µg (2.84%), Potassium: 96.4mg (2.75%), Zinc: 0.34mg (2.28%), Folate: 7.82µg (1.96%), Vitamin B3: 0.38mg (1.89%), Vitamin K: 1.99µg (1.89%), Vitamin B1: 0.02mg (1.55%), Vitamin B6: 0.02mg (1.22%)