



Cherry Cola Brownies

 Dairy Free

READY IN



150 min.

SERVINGS



16

CALORIES



297 kcal

DESSERT

Ingredients

- ☐ 1 box brownie mix (1 lb 2.4 oz)
- ☐ 0.3 cup butter softened
- ☐ 0.3 cup coca-cola
- ☐ 1 eggs
- ☐ 16 maraschino cherries
- ☐ 2.7 cups powdered sugar
- ☐ 2 tablespoons cocoa powder unsweetened
- ☐ 0.3 cup vegetable oil

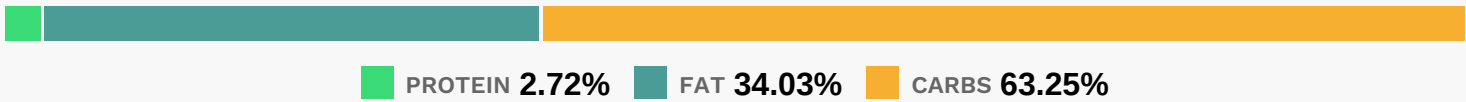
Equipment

- ☐ bowl
- ☐ frying pan
- ☐ oven
- ☐ hand mixer
- ☐ toothpicks

Directions

- ☐ Heat oven to 350F (325F for dark or nonstick pan). Grease bottom only of 8-inch or 9-inch square pan with cooking spray or shortening.
- ☐ In medium bowl, stir brownie mix, pouch of chocolate syrup, 1/4 cup cherry cola, oil and egg until well blended.
- ☐ Spread in pan.
- ☐ Bake 38 to 40 minutes (8-inch square pan), 34 to 37 minutes (9-inch square pan) or until toothpick inserted 2 inches from sides of pan comes out almost clean. Cool completely, about 1 1/2 hours.
- ☐ In large bowl, beat frosting ingredients with electric mixer on medium speed until smooth.
- ☐ Spread evenly over brownies. For brownies, cut into 4 rows by 4 rows.
- ☐ Garnish each with cherry.

Nutrition Facts



Properties

Glycemic Index:3.94, Glycemic Load:0.22, Inflammation Score:-1, Nutrition Score:1.3999999972951%

Flavonoids

Catechin: 0.41mg, Catechin: 0.41mg, Catechin: 0.41mg, Catechin: 0.41mg Epicatechin: 1.23mg, Epicatechin: 1.23mg, Epicatechin: 1.23mg, Epicatechin: 1.23mg Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg

Nutrients (% of daily need)

Calories: 297.45kcal (14.87%), Fat: 11.43g (17.58%), Saturated Fat: 2.28g (14.24%), Carbohydrates: 47.79g (15.93%),
Net Carbohydrates: 47.4g (17.24%), Sugar: 37.66g (41.85%), Cholesterol: 10.23mg (3.41%), Sodium: 142.45mg
(6.19%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 2.06g (4.11%), Vitamin K: 6.36µg (6.06%), Iron: 1.07mg
(5.94%), Vitamin A: 186.26IU (3.73%), Vitamin E: 0.46mg (3.05%), Copper: 0.03mg (1.71%), Fiber: 0.39g (1.57%),
Selenium: 1.07µg (1.52%), Manganese: 0.03mg (1.31%), Phosphorus: 11.64mg (1.16%), Vitamin B2: 0.02mg (1.15%)