



Cherry Cola Floats



Gluten Free



Dairy Free

READY IN



10 min.

SERVINGS



8

CALORIES



611 kcal

Ingredients

- ☐ 48 ounce cola drink soft canned
- ☐ 10 ounce maraschino cherries with stems, undrained
- ☐ 0.5 gallon whipped cream

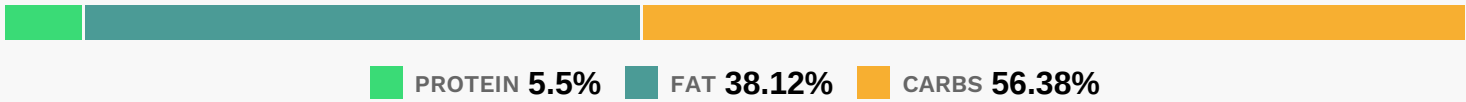
Equipment

Directions

- ☐ Drain maraschino cherries, reserving juice. Set cherries aside for now. Divide maraschino cherry juice evenly among 8 glasses. Top with 1 cup ice cream.

Slowly fill each glass with cola soft drink. Top floats with cherries.

Nutrition Facts



Properties

Glycemic Index:15.5, Glycemic Load:43.29, Inflammation Score:-6, Nutrition Score:10.046521813973%

Nutrients (% of daily need)

Calories: 611.14kcal (30.56%), Fat: 26.13g (40.2%), Saturated Fat: 16.08g (100.49%), Carbohydrates: 86.98g (28.99%), Net Carbohydrates: 84.19g (30.61%), Sugar: 79.16g (87.96%), Cholesterol: 104.1mg (34.7%), Sodium: 197.49mg (8.59%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 13.61mg (4.54%), Protein: 8.48g (16.96%), Vitamin B2: 0.57mg (33.4%), Calcium: 325.37mg (32.54%), Phosphorus: 266.49mg (26.65%), Vitamin A: 1011.98IU (20.24%), Vitamin B12: 0.92µg (15.38%), Vitamin B5: 1.39mg (13.94%), Potassium: 481.65mg (13.76%), Zinc: 1.76mg (11.72%), Fiber: 2.79g (11.16%), Magnesium: 34.54mg (8.63%), Vitamin B1: 0.1mg (6.47%), Selenium: 4.5µg (6.43%), Vitamin B6: 0.12mg (5.77%), Copper: 0.11mg (5.34%), Vitamin E: 0.73mg (4.85%), Vitamin D: 0.47µg (3.15%), Iron: 0.55mg (3.07%), Folate: 11.83µg (2.96%), Vitamin C: 1.42mg (1.72%), Vitamin B3: 0.28mg (1.38%), Manganese: 0.03mg (1.33%), Vitamin K: 1.24µg (1.18%)