



Cherry Lemon Crowns

READY IN



45 min.

SERVINGS



48

CALORIES



70 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.7 cup butter softened
- ☐ 12 candied and cherries green red halved
- ☐ 3 ounce cream cheese softened
- ☐ 1 egg yolk
- ☐ 2 cups flour all-purpose
- ☐ 48 servings lemon glaze
- ☐ 1 teaspoon juice of lemon fresh
- ☐ 1 teaspoon lemon rind grated
- ☐ 1 cup sugar

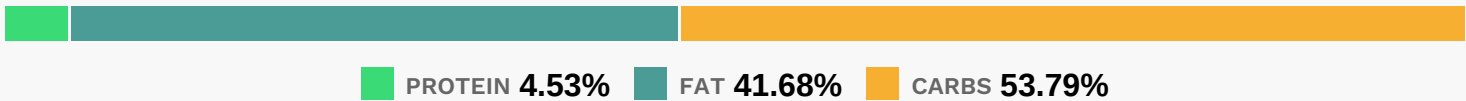
Equipment

- ☐ baking sheet
- ☐ oven
- ☐ hand mixer

Directions

- ☐ Beat butter and cream cheese at medium speed of an electric mixer until creamy. Gradually add sugar, beating until light and fluffy.
- ☐ Add egg yolk, lemon rind, and lemon juice, beating well.
- ☐ Add flour, beating until blended. Cover and chill dough 2 hours.
- ☐ Shape dough into 1" balls.
- ☐ Place 2" apart on ungreased cookie sheets. Flatten each ball into a 1 1/2" disc. Press a candied cherry half in center of each cookie.
- ☐ Bake at 350 for 12 to 15 minutes or until edges are barely golden. Cool 1 minute on cookie sheets; remove to wire racks, and cool completely.
- ☐ Drizzle lightly with Lemon Glaze.
- ☐ Let stand until glaze sets.

Nutrition Facts



Properties

Glycemic Index:4.12, Glycemic Load:5.93, Inflammation Score:-2, Nutrition Score:1.354782588618%

Flavonoids

Eriodictyol: 1.5mg, Eriodictyol: 1.5mg, Eriodictyol: 1.5mg, Eriodictyol: 1.5mg Hesperetin: 1.97mg, Hesperetin: 1.97mg, Hesperetin: 1.97mg, Hesperetin: 1.97mg Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 70.25kcal (3.51%), Fat: 3.34g (5.13%), Saturated Fat: 0.93g (5.82%), Carbohydrates: 9.69g (3.23%), Net Carbohydrates: 9.34g (3.39%), Sugar: 4.89g (5.43%), Cholesterol: 5.84mg (1.95%), Sodium: 35.76mg (1.55%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.82g (1.63%), Vitamin C: 3.81mg (4.62%), Selenium: 2.18µg (3.12%), Vitamin B1: 0.05mg (3.01%), Vitamin A: 143.55IU (2.87%), Folate: 11.07µg (2.77%), Vitamin B2: 0.04mg (2.07%), Manganese: 0.04mg (1.91%), Iron: 0.3mg (1.66%), Vitamin B3: 0.32mg (1.59%), Fiber: 0.35g (1.4%), Phosphorus: 10.84mg (1.08%)