

Chestnut, Bacon, Dried Apple, and Corn Bread Stuffing







SIDE DISH

Ingredients

2 tablespoons butter melted ()
3 cups celery chopped
14.8 ounce roasted chestnuts whole
8 cups corn bread stuffing mix dried (from two 16-ounce packages)
1 cup apples dried chopped
1.5 teaspoons rubbed sage dried
1 tablespoon thyme leaves fresh chopped

1.8 cups low-salt chicken broth ()

	4 cups onions chopped	
	0.5 pound bacon thick-cut	
Equipment		
	bowl	
	frying pan	
	oven	
	baking pan	
	aluminum foil	
	slotted spoon	
	glass baking pan	
Directions		
	Cook bacon in heavy large skillet over medium-high heat until brown and crisp. Using slotted spoon, transfer bacon to large bowl.	
	Pour off all but 2 tablespoons drippings from skillet.	
	Add onions and celery to drippings in skillet. Cover and cook over medium heat until vegetables are soft, stirring occasionally, about 12 minutes.	
	Add vegetables to bacon; mix in apples, thyme, and sage, then chestnuts. (Can be made 1 day ahead. Cover and chill. Reheat to lukewarm before continuing.)	
	Add corn bread stuffing mix to chestnut mixture.	
	Mix in 13/4 cups broth.	
	Drizzle with butter.	
	Loosely fill main cavity and neck cavity of turkey with stuffing.	
	Add enough broth to remaining stuffing to moisten slightly (1/4 cup to 3/4 cup, depending on amount of remaining stuffing). Generously butter baking dish. Spoon remaining stuffing into prepared dish. Cover dish with buttered foil, buttered side down.	
	Bake stuffing in dish — alongside turkey or while turkey is resting — until heated through, about 25 minutes. Uncover stuffing in dish.	
	Bake until top of stuffing is slightly crisp and golden, about 15 minutes longer.	

Preheat oven to 350°F. Generously butter 13x9x2-inch glass baking dish.
Add enough extra broth to stuffing to moisten (3/4 cup to 11/4 cups).
Transfer stuffing to prepared dish. Cover with buttered foil, buttered side down.
Bake until heated through, about 40 minutes. Uncover and bake until top is slightly crisp and golden, about 20 minutes longer.

Nutrition Facts

PROTEIN 7.31% FAT 32.06% CARBS 60.63%

Properties

Glycemic Index:19.75, Glycemic Load:10.77, Inflammation Score:-8, Nutrition Score:17.025652263476%

Flavonoids

Apigenin: 0.74mg, Apigenin: 0.74mg, Apigenin: 0.74mg, Apigenin: 0.74mg Luteolin: 0.54mg, Luteolin: 0.54mg, Luteolin: 0.54mg, Luteolin: 0.54mg, Luteolin: 0.54mg, Isorhamnetin: 2.67mg, Isorhamnetin: 2.67mg, Isorhamnetin: 2.67mg, Isorhamnetin: 2.67mg, Kaempferol: 0.4mg, Kaempferol: 0.4mg, Kaempferol: 0.4mg, Kaempferol: 0.4mg, Kaempferol: 0.4mg, Kaempferol: 0.93mg, Quercetin: 10.93mg, Quercetin: 10.93mg, Quercetin: 10.93mg, Quercetin: 10.93mg

Nutrients (% of daily need)

Calories: 605.41kcal (30.27%), Fat: 21.64g (33.29%), Saturated Fat: 6.8g (42.51%), Carbohydrates: 92.03g (30.68%), Net Carbohydrates: 83.9g (30.51%), Sugar: 25.86g (28.74%), Cholesterol: 19.37mg (6.46%), Sodium: 947.75mg (41.21%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 11.1g (22.21%), Phosphorus: 535.93mg (53.59%), Vitamin B1: 0.53mg (35.61%), Fiber: 8.13g (32.52%), Folate: 127.29µg (31.82%), Manganese: 0.53mg (26.37%), Vitamin B3: 4.98mg (24.9%), Vitamin C: 20.1mg (24.36%), Vitamin B6: 0.39mg (19.56%), Vitamin B2: 0.33mg (19.45%), Iron: 3.2mg (17.76%), Potassium: 522.48mg (14.93%), Copper: 0.3mg (14.91%), Selenium: 9.55µg (13.64%), Vitamin K: 12.9µg (12.29%), Magnesium: 45.95mg (11.49%), Calcium: 89.04mg (8.9%), Vitamin B5: 0.87mg (8.73%), Zinc: 1.12mg (7.44%), Vitamin A: 325.38IU (6.51%), Vitamin B1: 0.22µg (3.62%), Vitamin E: 0.4mg (2.69%)