



Chewy Brownie Cookies from Crisco® Baking Sticks

 Dairy Free

READY IN



22 min.

SERVINGS



54

CALORIES



99 kcal

DESSERT

Ingredients

- 1.5 cups pillsbury best® all purpose flour
- 0.3 teaspoon baking soda
- 1.5 cups firmly brown sugar packed
- 0.7 cup butter flavor all-vegetable shortening sticks crisco®
- 0.3 cup cocoa powder
- 2 large eggs
- 0.5 teaspoon salt

- 12 ounce semi chocolate chips
- 1 teaspoon vanilla extract
- 1 tablespoon water

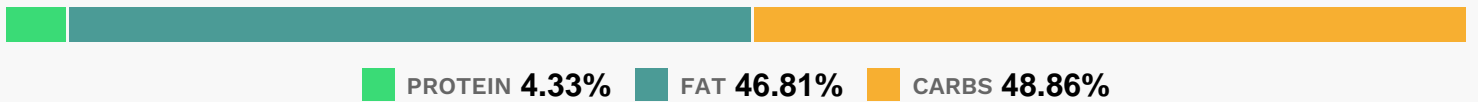
Equipment

- baking sheet
- oven
- wire rack
- hand mixer

Directions

- Heat oven to 350 degrees F. Coat baking sheets with no-stick cooking spray.
- Beat brown sugar, shortening, water and vanilla with electric mixer at medium speed until well blended. Beat in eggs.
- Combine flour, cocoa, salt and baking soda.
- Mix into shortening mixture at low speed just until blended. Stir in chocolate chips. Drop by rounded measuring tablespoonsful 2 inches apart onto prepared baking sheets.
- Bake 8 to 10 minutes, or until cookies are set. Cool 2 minutes on baking sheet.
- Place on cooling rack to cool completely.
- Sprinkle with powdered sugar.

Nutrition Facts



Properties

Glycemic Index:1.39, Glycemic Load:1.92, Inflammation Score:-1, Nutrition Score:2.013478267452%

Flavonoids

Catechin: 0.34mg, Catechin: 0.34mg, Catechin: 0.34mg, Catechin: 0.34mg Epicatechin: 1.04mg, Epicatechin: 1.04mg, Epicatechin: 1.04mg, Epicatechin: 1.04mg Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg

Nutrients (% of daily need)

Calories: 98.78kcal (4.94%), Fat: 5.23g (8.04%), Saturated Fat: 2.13g (13.29%), Carbohydrates: 12.28g (4.09%), Net Carbohydrates: 11.48g (4.18%), Sugar: 8.28g (9.19%), Cholesterol: 7.27mg (2.42%), Sodium: 31.87mg (1.39%), Alcohol: 0.03g (100%), Alcohol %: 0.15% (100%), Caffeine: 6.64mg (2.21%), Protein: 1.09g (2.18%), Manganese: 0.13mg (6.61%), Copper: 0.11mg (5.4%), Iron: 0.71mg (3.95%), Magnesium: 15.29mg (3.82%), Selenium: 2.42µg (3.46%), Fiber: 0.79g (3.18%), Phosphorus: 27.94mg (2.79%), Vitamin B1: 0.03mg (2.06%), Folate: 7.46µg (1.86%), Vitamin B2: 0.03mg (1.77%), Vitamin K: 1.83µg (1.74%), Zinc: 0.25mg (1.69%), Potassium: 58.3mg (1.67%), Vitamin E: 0.21mg (1.43%), Vitamin B3: 0.28mg (1.39%), Calcium: 11.27mg (1.13%)