



Chewy Chocolate Cookies

READY IN



22 min.

SERVINGS



22

CALORIES



147 kcal

DESSERT

Ingredients

- 2 eggs
- 1 pkg chocolate cake mix yellow (2-layer size)
- 1 cup miracle whip dressing
- 4 oz baker's semi-sweet chocolate chopped
- 0.5 cup planters walnuts chopped

Equipment

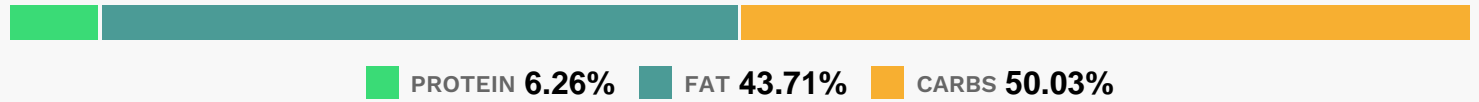
- bowl
- baking sheet

- oven
- blender

Directions

- Heat oven to 350F.
- Beat cake mix, eggs and dressing in large bowl with mixer until well blended. Stir in remaining ingredients.
- Drop rounded teaspoonfuls of dough, 2 inches apart, onto greased baking sheets.
- Bake 10 to 12 min. or until cookies are slightly firm to the touch. Cool completely on wire racks.

Nutrition Facts



Properties

Glycemic Index:0.91, Glycemic Load:0.04, Inflammation Score:-1, Nutrition Score:3.6056521395626%

Flavonoids

Cyanidin: 0.07mg, Cyanidin: 0.07mg, Cyanidin: 0.07mg, Cyanidin: 0.07mg

Nutrients (% of daily need)

Calories: 146.73kcal (7.34%), Fat: 7.47g (11.48%), Saturated Fat: 2.13g (13.34%), Carbohydrates: 19.23g (6.41%), Net Carbohydrates: 17.94g (6.53%), Sugar: 10.69g (11.88%), Cholesterol: 16.23mg (5.41%), Sodium: 259.58mg (11.29%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 6.59mg (2.2%), Protein: 2.41g (4.81%), Manganese: 0.2mg (10.2%), Copper: 0.19mg (9.4%), Phosphorus: 84.12mg (8.41%), Iron: 1.37mg (7.61%), Selenium: 4.23µg (6.04%), Magnesium: 22.98mg (5.75%), Fiber: 1.28g (5.13%), Folate: 16.66µg (4.17%), Calcium: 38.19mg (3.82%), Potassium: 116.95mg (3.34%), Vitamin B2: 0.06mg (3.31%), Vitamin B1: 0.05mg (3.05%), Zinc: 0.43mg (2.85%), Vitamin E: 0.31mg (2.06%), Vitamin B3: 0.39mg (1.95%), Vitamin B6: 0.03mg (1.52%), Vitamin B5: 0.12mg (1.19%), Vitamin K: 1.2µg (1.14%)