



Chi Chi



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



4

CALORIES



112 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients



1 slices star fruit (star fruit)



3 cups ice crushed



0.8 cup vodka



1.3 cups frangelico



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Equipment

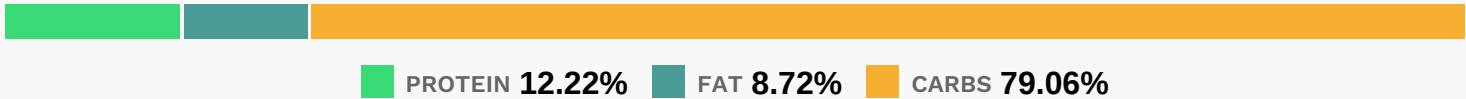


blender

Directions

- ☐ Process first 3 ingredients in a blender until smooth, stopping to scrape down sides.
- ☐ Garnish, if desired.
- ☐ Serve immediately.

Nutrition Facts



Properties

Glycemic Index:12.75, Glycemic Load:0.38, Inflammation Score:-2, Nutrition Score:1.1452174005301%

Nutrients (% of daily need)

Calories: 112.32kcal (5.62%), Fat: 0.09g (0.14%), Saturated Fat: 0.01g (0.03%), Carbohydrates: 1.82g (0.61%), Net Carbohydrates: 1.06g (0.39%), Sugar: 1.07g (1.19%), Cholesterol: 0mg (0%), Sodium: 9.86mg (0.43%), Alcohol: 15.03g (100%), Alcohol %: 7.64% (100%), Protein: 0.28g (0.56%), Vitamin C: 9.29mg (11.26%), Copper: 0.07mg (3.49%), Fiber: 0.76g (3.02%), Magnesium: 4.47mg (1.12%), Vitamin B5: 0.11mg (1.06%), Potassium: 36.36mg (1.04%)