



## Chicken-Tequila Tailgate Sandwiches

READY IN



40 min.

SERVINGS



4

CALORIES



957 kcal

LUNCH

MAIN COURSE

MAIN DISH

DINNER

### Ingredients

- 4 ounces cream cheese
- 2 tablespoons cilantro leaves fresh plus more for topping chopped
- 1 tablespoon garlic chopped
- 1 tablespoon jalapeno minced
- 0.3 cup juice of lime fresh
- 1.3 cups mozzarella cheese grated
- 0.3 cup olive oil extra-virgin
- 0.3 cup parmesan cheese grated plus more for topping
- 1 cup onion red julienned

- 0.5 cup roasted bell pepper red julienned
- 0.3 cup roma tomatoes diced for topping
- 1 rotisserie chicken cut shredded skinless
- 4 servings sea salt and pepper freshly ground
- 4 sourdough rolls warmed
- 3 ounces tequila

## Equipment

- oven
- grill
- aluminum foil

## Directions

- Layer two 15-inch sheets of heavy-duty foil and fold them together around the edges to create one sheet. Repeat to make a second double-layered sheet of foil. Bend the edges of one of the sheets up 2 inches and crimp the corners so it can hold liquid.
- In order, layer these ingredients on the bent sheet of foil: olive oil, onion, jalapeno, bell pepper, chicken, 1/4 teaspoon salt, 1 teaspoon pepper, the garlic, cilantro, cheeses, lime juice and tequila.
- Place the second double-layered foil sheet on top of the ingredients and fold the top and bottom sheets together on all sides. Make sure the package is not leaking, then refrigerate until ready to cook.
- Preheat the oven to 250 degrees F or a grill to medium and place the foil packet in the oven or on the grill. Cook 10 minutes; flip and cook 10 more minutes. Slice the bag open and top with the tomatoes, cilantro and parmesan cheese.
- Serve on the warmed rolls.
- Photograph by Andrew McCaul

## Nutrition Facts



## Properties

Glycemic Index:75.25, Glycemic Load:24.8, Inflammation Score:-8, Nutrition Score:32.145217506782%

## Flavonoids

Eriodictyol: 0.33mg, Eriodictyol: 0.33mg, Eriodictyol: 0.33mg, Eriodictyol: 0.33mg Hesperetin: 1.36mg, Hesperetin: 1.36mg, Hesperetin: 1.36mg, Hesperetin: 1.36mg Naringenin: 0.16mg, Naringenin: 0.16mg, Naringenin: 0.16mg, Naringenin: 0.16mg Apigenin: 0.02mg, Apigenin: 0.02mg, Apigenin: 0.02mg, Apigenin: 0.02mg Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg Isorhamnetin: 2mg, Isorhamnetin: 2mg, Isorhamnetin: 2mg, Isorhamnetin: 2mg Kaempferol: 0.28mg, Kaempferol: 0.28mg, Kaempferol: 0.28mg, Kaempferol: 0.28mg Myricetin: 0.06mg, Myricetin: 0.06mg, Myricetin: 0.06mg, Myricetin: 0.06mg Quercetin: 8.61mg, Quercetin: 8.61mg, Quercetin: 8.61mg, Quercetin: 8.61mg

## Nutrients (% of daily need)

Calories: 957.14kcal (47.86%), Fat: 43.56g (67.01%), Saturated Fat: 15.22g (95.13%), Carbohydrates: 42.8g (14.27%), Net Carbohydrates: 40.46g (14.71%), Sugar: 8.28g (9.2%), Cholesterol: 275.32mg (91.77%), Sodium: 1965.8mg (85.47%), Alcohol: 7.1g (100%), Alcohol %: 1.77% (100%), Protein: 87.46g (174.91%), Selenium: 89.38µg (127.69%), Vitamin B3: 24.35mg (121.77%), Phosphorus: 834.01mg (83.4%), Iron: 12.43mg (69.03%), Vitamin B6: 0.95mg (47.58%), Vitamin B5: 3.8mg (38.05%), Calcium: 323.92mg (32.39%), Vitamin B2: 0.54mg (31.58%), Vitamin C: 22.79mg (27.62%), Vitamin B12: 1.62µg (26.95%), Potassium: 941.57mg (26.9%), Zinc: 3.79mg (25.29%), Magnesium: 84.02mg (21%), Vitamin A: 991.23IU (19.82%), Vitamin E: 2.96mg (19.71%), Vitamin B1: 0.26mg (17.28%), Vitamin K: 12.4µg (11.81%), Folate: 47.1µg (11.78%), Manganese: 0.2mg (9.82%), Fiber: 2.35g (9.38%), Copper: 0.18mg (8.81%), Vitamin D: 0.17µg (1.14%)