



Chinese New Year Chocolate Candy

 Dairy Free

READY IN



60 min.

SERVINGS



24

CALORIES



371 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 2 cups butterscotch chips
- ☐ 4 cups chow mein noodles
- ☐ 2.5 cups dry-roasted peanuts
- ☐ 2 cups semi chocolate chips

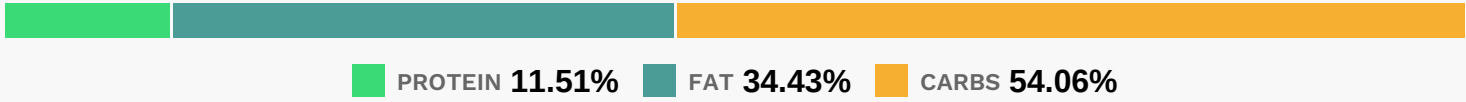
Equipment

- ☐ double boiler

Directions

- ☐
- Butter a 9x13 inch dish.
- ☐
- Melt chocolate and butterscotch chips in the top of a double boiler over simmering water.
- ☐
- Remove from heat and stir in peanuts. Stir in noodles until all is well coated. Press into prepared dish. Chill until set; cut into squares.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:6.2486956663754%

Nutrients (% of daily need)

Calories: 371.12kcal (18.56%), Fat: 14.38g (22.12%), Saturated Fat: 4.75g (29.66%), Carbohydrates: 50.78g (16.93%), Net Carbohydrates: 46.12g (16.77%), Sugar: 17.62g (19.57%), Cholesterol: 2.17mg (0.73%), Sodium: 369.19mg (16.05%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 12.9mg (4.3%), Protein: 10.82g (21.63%), Manganese: 0.56mg (27.85%), Fiber: 4.67g (18.67%), Copper: 0.29mg (14.39%), Iron: 2.56mg (14.23%), Magnesium: 51.95mg (12.99%), Vitamin B3: 2.4mg (11.99%), Phosphorus: 98mg (9.8%), Potassium: 203.49mg (5.81%), Folate: 19.16µg (4.79%), Zinc: 0.71mg (4.76%), Vitamin B1: 0.05mg (3.65%), Selenium: 2.49µg (3.55%), Vitamin B5: 0.26mg (2.57%), Calcium: 25.08mg (2.51%), Vitamin B6: 0.04mg (2.2%), Vitamin B2: 0.02mg (1.33%), Vitamin K: 1.12µg (1.07%)