

Chip and Dip Cookies





DESSERT

Ingredients

1 eggs
1 cup nuts mixed salted finely chopped
0.8 cup peanut butter chips
1 pouch peanut butter sandwich cookie crumbs (1 lb 1.5 oz)
1 cup potato chips plain crushed
0.8 cup semi chocolate chips
3 tablespoons vegetable oil
1 tablespoon water

Equipment	
bowl	
baking sheet	
oven	
microwave	
Directions	
Heat oven to 375F. In large bowl, stir cookie mix, oil, water, egg and potato chips until soft dough forms. Shape dough into 1-inch balls. On ungreased cookie sheets, place balls 2 inches apart; press each ball to flatten slightly.	
Bake 8 to 9 minutes or until edges are light golden brown. Cool 3 minutes; remove from cookie sheets to cooling racks. Cool completely.	
In small microwavable bowl, microwave chocolate chips and peanut butter chips uncovered on High 1 minute to 1 minute 30 seconds, stirring every 30 seconds, until melted and stirred smooth. Dip each cookie halfway into melted chocolate mixture, letting excess drip off. Immediately dip same half into chopped nuts.	
Place on waxed paper until set, about 1 hour. Store between sheets of waxed paper in tightly covered container.	
Nutrition Facts	
PROTEIN 6.64% FAT 52.47% CARBS 40.89%	
Properties	

Glycemic Index:0.82, Glycemic Load:0.19, Inflammation Score:-1, Nutrition Score:2.0999999901523%

Nutrients (% of daily need)

Calories: 128.85kcal (6.44%), Fat: 7.76g (11.94%), Saturated Fat: 1.89g (11.78%), Carbohydrates: 13.61g (4.54%), Net Carbohydrates: 12.38g (4.5%), Sugar: 6.8g (7.56%), Cholesterol: 4.77mg (1.59%), Sodium: 128.23mg (5.58%), Alcohol: Og (100%), Alcohol %: O% (100%), Caffeine: 3.22mg (1.08%), Protein: 2.21g (4.42%), Manganese: O.14mg (7.16%), Copper: O.1mg (5.22%), Fiber: 1.23g (4.9%), Magnesium: 17.24mg (4.31%), Iron: O.61mg (3.41%), Phosphorus: 33.18mg (3.32%), Vitamin K: 2.88µg (2.74%), Vitamin E: O.37mg (2.49%), Potassium: 75.16mg (2.15%), Zinc: O.29mg (1.95%), Vitamin B5: O.18mg (1.81%), Vitamin B3: O.33mg (1.66%), Vitamin B6: O.03mg (1.39%), Selenium: O.75µg

(1.07%), Vitamin B2: 0.02mg (1.03%)