

Chococolate Chip Cookie







DESSERT

Ingredients

1 tsp vanilla extract

1 tsp baking soda
O.8 th cup / 150g brown sugar
1 cup g butter unsalted (add tsp of salt to the flour if using butter)
2 cups g chocolate chips
2 eggs
2.3 g cups flour
0.8 th cup / 150g caster sugar

Equipment			
	bowl		
	baking sheet		
	oven		
	blender		
Diı	rections		
	Combine flour, baking soda and salt in small bowl. Beat butter, both the sugars and vanilla in large mixer bowl.		
	Add eggs one at a time, beating well after each addition		
	Stir in flour mixture, followed by most of the chocolate chips.Drop the cookie dough on a baking sheet, leave an inch's space between cookies. Dot with remaining chocolate chips		
	Bake in preheated 175°C/350°F oven for 9 to 11 minutes or until golden brown.		
	Let stand for 2 minutes; remove to wire racks to cool completely.		
	Nutrition Facts		
	PROTEIN 1.45% FAT 72.73% CARBS 25.82%		

Properties

Glycemic Index:3.02, Glycemic Load:0.04, Inflammation Score:-1, Nutrition Score:0.4291304351519%

Nutrients (% of daily need)

Calories: 74.57kcal (3.73%), Fat: 6.15g (9.47%), Saturated Fat: 3.83g (23.91%), Carbohydrates: 4.92g (1.64%), Net Carbohydrates: 4.91g (1.79%), Sugar: 4.34g (4.82%), Cholesterol: 16.99mg (5.66%), Sodium: 29.36mg (1.28%), Alcohol: 0.03g (100%), Alcohol %: 0.27% (100%), Protein: 0.28g (0.55%), Vitamin A: 128.08IU (2.56%)