



## Chocolate-Almond Petits Fours

READY IN



45 min.

SERVINGS



36

CALORIES



189 kcal

DESSERT

### Ingredients

- 1 slices garnishes: almond apricots dried
- 16 ounce almond paste canned
- 12 ounce apricot filling canned
- 0.8 cup butter softened
- 36 servings chocolate ganache
- 8 large eggs
- 1.5 cups flour all-purpose
- 1.5 cups sugar

## Equipment

- frying pan
- oven
- wire rack
- hand mixer
- wax paper

## Directions

- Grease bottom and sides of 2 (15- x 10-inch) jellyroll pans, and line with wax paper; grease and flour wax paper. Set aside.
- Beat butter and almond paste at medium speed with an electric mixer until creamy. Gradually add sugar, beating well.
- Add eggs, 1 at a time, beating after each addition.
- Stir in flour, and spread batter into prepared pans.
- Bake at 400 for 8 to 10 minutes. Cool in pans on wire racks.
- Turn 1 cake out onto a flat surface; remove wax paper, and spread with apricot filling. Top with remaining cake, and cut with a 1 1/2-inch round cutter.
- Place cakes on a wire rack in a large shallow pan. Using a squeeze bottle, coat top and sides with warm Chocolate Ganache. (Spoon up excess frosting that drips through rack; reheat and refill bottle, and use to continue frosting cakes.) Chill cakes at least 30 minutes. Freeze up to 3 months.
- Garnish, if desired.
- \* 1 (10-ounce) jar apricot spreadable fruit may be substituted for canned apricot filling.

## Nutrition Facts

 **PROTEIN 7.64%**  **FAT 46.74%**  **CARBS 45.62%**

## Properties

Glycemic Index:5.49, Glycemic Load:8.95, Inflammation Score:-3, Nutrition Score:4.9234782658193%

## Flavonoids

Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg Catechin: 0.03mg, Catechin: 0.03mg, Catechin: 0.03mg, Catechin: 0.03mg Epigallocatechin: 0.07mg, Epigallocatechin: 0.07mg, Epigallocatechin: 0.07mg, Epigallocatechin: 0.07mg Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Isorhamnetin: 0.07mg, Isorhamnetin: 0.07mg, Isorhamnetin: 0.07mg, Isorhamnetin: 0.07mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

## Nutrients (% of daily need)

Calories: 188.71kcal (9.44%), Fat: 10.05g (15.46%), Saturated Fat: 1.77g (11.09%), Carbohydrates: 22.07g (7.36%), Net Carbohydrates: 20.95g (7.62%), Sugar: 14.92g (16.58%), Cholesterol: 41.33mg (13.78%), Sodium: 68.12mg (2.96%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 3.7g (7.39%), Vitamin E: 2.62mg (17.49%), Manganese: 0.21mg (10.51%), Vitamin B2: 0.16mg (9.62%), Selenium: 5.89µg (8.41%), Phosphorus: 74.98mg (7.5%), Magnesium: 27.03mg (6.76%), Folate: 25.15µg (6.29%), Iron: 0.99mg (5.51%), Copper: 0.11mg (5.27%), Vitamin A: 229.19IU (4.58%), Fiber: 1.12g (4.48%), Vitamin B1: 0.06mg (4.1%), Calcium: 37.29mg (3.73%), Vitamin C: 2.86mg (3.46%), Zinc: 0.46mg (3.08%), Vitamin B3: 0.6mg (2.98%), Potassium: 84.25mg (2.41%), Vitamin B5: 0.22mg (2.24%), Vitamin B12: 0.1µg (1.73%), Vitamin B6: 0.03mg (1.5%), Vitamin D: 0.22µg (1.48%)