



## Chocolate-Berry Cheesecake

READY IN



230 min.

SERVINGS



15

CALORIES



482 kcal

DESSERT

### Ingredients

- 0.5 cup blueberries
- 0.5 cup butter softened
- 1 container chocolate frosting
- 16 oz cream cheese softened
- 3 eggs
- 1 box chocolate cake mix
- 1.5 cups strawberries sliced
- 21 oz strawberry pie filling canned
- 6 oz yogurt red yoplait®

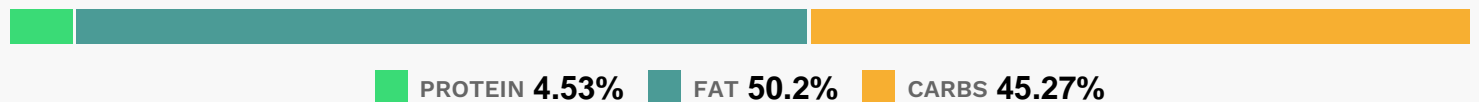
## Equipment

- bowl
- frying pan
- oven
- hand mixer

## Directions

- Heat oven to 325F. Grease or spray bottom only of 13x9-inch pan.
- In large bowl, beat dry cake mix and butter with electric mixer on low speed until crumbly; reserve 3/4 cup. Press remaining crumbly mixture in bottom of pan.
- In same bowl, beat cream cheese, yogurt and frosting on medium speed until smooth. Beat in eggs until blended.
- Pour over mixture in pan.
- Sprinkle with reserved crumbly mixture.
- Bake 40 to 45 minutes or until center is set. Cool 30 minutes. Refrigerate at least 2 hours until chilled. Just before serving, stir strawberries and blueberries into pie filling. Top each serving with berry mixture. Store covered in refrigerator.

## Nutrition Facts



## Properties

Glycemic Index:8.4, Glycemic Load:1.12, Inflammation Score:-6, Nutrition Score:8.0921738977018%

## Flavonoids

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## Nutrients (% of daily need)

Calories: 481.68kcal (24.08%), Fat: 27.57g (42.41%), Saturated Fat: 10.5g (65.62%), Carbohydrates: 55.93g (18.64%), Net Carbohydrates: 54.1g (19.67%), Sugar: 39.75g (44.17%), Cholesterol: 64.75mg (21.58%), Sodium: 486.41mg (21.15%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 3.77mg (1.26%), Protein: 5.59g (11.19%), Vitamin C: 17.42mg (21.12%), Phosphorus: 167.96mg (16.8%), Vitamin A: 741.08IU (14.82%), Selenium: 9.43µg (13.47%), Iron: 2.16mg (11.99%), Vitamin B2: 0.19mg (10.89%), Calcium: 107.79mg (10.78%), Manganese: 0.22mg (10.76%), Copper: 0.2mg (9.91%), Vitamin E: 1.45mg (9.7%), Folate: 29.64µg (7.41%), Fiber: 1.83g (7.34%), Potassium: 252.88mg (7.23%), Magnesium: 27.41mg (6.85%), Vitamin B1: 0.07mg (4.85%), Zinc: 0.68mg (4.52%), Vitamin B5: 0.43mg (4.29%), Vitamin B12: 0.19µg (3.24%), Vitamin B3: 0.62mg (3.09%), Vitamin B6: 0.06mg (2.91%), Vitamin K: 3.05µg (2.9%), Vitamin D: 0.19µg (1.25%)