



Chocolate Cake Batter

READY IN



20 min.

SERVINGS



20

CALORIES



230 kcal

DESSERT

Ingredients

- ☐ 0.3 teaspoon almond extract
- ☐ 1.5 teaspoons double-acting baking powder
- ☐ 1 cup butter softened
- ☐ 1 cup buttermilk
- ☐ 2 cups cake flour
- ☐ 3 large eggs
- ☐ 0.3 teaspoon salt
- ☐ 2 cups sugar
- ☐ 0.8 cup cocoa unsweetened

☐ 1 teaspoon vanilla extract

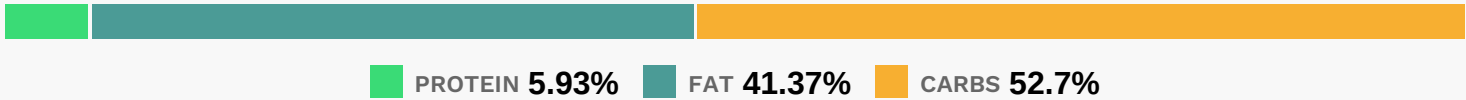
Equipment

- ☐ bowl
- ☐ whisk
- ☐ stand mixer

Directions

- ☐ Beat sugar and butter at medium speed with a heavy-duty electric stand mixer until creamy and fluffy (about 5 minutes).
- ☐ Add eggs, 1 at a time, beating until yellow disappears after each addition. Beat in vanilla and almond extracts.
- ☐ Whisk together flour, cocoa, baking powder, and salt in a small bowl; add to sugar mixture alternately with buttermilk, beginning and ending with flour mixture. Beat at medium-low speed just until blended after each addition. Beat 1/3 cup hot water into batter just until smooth. (Batter will be thick.) Use immediately.

Nutrition Facts



Properties

Glycemic Index:15.5, Glycemic Load:20.1, Inflammation Score:-3, Nutrition Score:4.0000000129575%

Flavonoids

Catechin: 2.09mg, Catechin: 2.09mg, Catechin: 2.09mg, Catechin: 2.09mg Epicatechin: 6.33mg, Epicatechin: 6.33mg, Epicatechin: 6.33mg, Epicatechin: 6.33mg Quercetin: 0.32mg, Quercetin: 0.32mg, Quercetin: 0.32mg, Quercetin: 0.32mg

Nutrients (% of daily need)

Calories: 229.9kcal (11.5%), Fat: 11.03g (16.97%), Saturated Fat: 6.59g (41.17%), Carbohydrates: 31.61g (10.54%), Net Carbohydrates: 30.12g (10.95%), Sugar: 20.71g (23.01%), Cholesterol: 53.62mg (17.87%), Sodium: 158.25mg (6.88%), Alcohol: 0.09g (100%), Alcohol %: 0.16% (100%), Caffeine: 7.42mg (2.47%), Protein: 3.56g (7.11%), Selenium: 8.4µg (12.01%), Manganese: 0.23mg (11.34%), Copper: 0.16mg (7.75%), Phosphorus: 70.16mg (7.02%), Vitamin A: 344.19IU (6.88%), Fiber: 1.49g (5.98%), Magnesium: 21.66mg (5.41%), Vitamin B2: 0.08mg (4.59%), Calcium: 44.6mg (4.46%), Iron: 0.74mg (4.12%), Zinc: 0.48mg (3.21%), Vitamin E: 0.4mg (2.69%), Potassium: 91.63mg (2.62%), Folate: 9.62µg

(2.41%), Vitamin B5: 0.24mg (2.36%), Vitamin B12: 0.14µg (2.35%), Vitamin D: 0.31µg (2.04%), Vitamin B1: 0.02mg (1.45%), Vitamin B6: 0.03mg (1.3%), Vitamin B3: 0.22mg (1.09%)