

Chocolate Cake with Vanilla Buttercream

Vegetarian







DESSERT

Ingredients

1.5 teaspoons baking soda
2 cups t brown sugar dark packed
4 large eggs for 30 minutes at room temperature
2 cups flour all-purpose
14 servings purple gel food coloring
0.5 teaspoon salt
1 cup butter unsalted softened

0.8 cup cocoa powder unsweetened

	1 teaspoon vanilla	
	4 cups vanilla	
	1 cup water	
	0.5 cup milk whole	
Εq	uipment	
	bowl	
	oven	
	whisk	
	plastic wrap	
	hand mixer	
	ziploc bags	
	wax paper	
	skewers	
	offset spatula	
Directions		
	Put oven rack in middle position and preheat oven to 350°F. Butter 2 (9- by 2-inch) round cake pans and line bottom of each with a round of wax paper. Butter paper and dust pans with flour, knocking out excess.	
	Whisk together hot water and cocoa powder in a bowl until smooth, then whisk in milk and vanilla.	
	Whisk together flour, baking soda, and salt in another bowl.	
	Beat together butter and brown sugar in a large bowl with an electric mixer at medium-high speed until pale and fluffy, 3 to 5 minutes.	
	Add eggs 1 at a time, beating well after each addition. Reduce speed to low and add flour and cocoa mixtures alternately in batches, beginning and ending with flour mixture (batter may look curdled).	
	Divide batter between cake pans, smoothing tops.	

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Nutrition Facts		
	·Cake layers can be made 2 days ahead and kept, wrapped tightly in plastic wrap, at room temperature or frozen 2 weeks.·Cake can be assembled 4 hours ahead and kept at cool room temperature.	
	*Wilton Paste Food Coloring available at wilton.com.	
	Just before serving, arrange 6 to 8 mini cupcakes on top of cake in 1 layer, then stack remaining mini cupcakes on top.	
	For each color (you can make up to 5), transfer 3 tablespoons buttercream to a separate small bowl and tint with food coloring. Snip off 1 corner of each plastic bag to create a 1/4-inch opening, then spoon each color of buttercream into a bag, pressing out excess air. Twist each bag firmly just above buttercream, then decoratively pipe colored buttercream onto cake. Chill cake until buttercream is set, about 30 minutes.	
	Put 1 cake layer, rounded side up, on a cake stand or platter and, using offset spatula, spread top with about 1 cup buttercream. Top with remaining cake layer, rounded side down, and frost side and top of cake with 2 cups buttercream.	
	Bake until a wooden pick or skewer comes out clean and edges of cake begin to pull away from sides of pans, 25 to 35 minutes total. Cool layers in pans on racks 10 minutes, then invert onto racks, removing wax paper, and cool completely.	

Properties

Glycemic Index:8.07, Glycemic Load:10.01, Inflammation Score:-5, Nutrition Score:8.0465217362279%

Flavonoids

Catechin: 2.99mg, Catechin: 2.99mg, Catechin: 2.99mg, Catechin: 2.99mg Epicatechin: 9.05mg, Epicatechin: 9.05mg, Epicatechin: 9.05mg, Epicatechin: 9.05mg, Quercetin: 0.46mg, Quercetin: 0.46mg, Quercetin: 0.46mg, Quercetin: 0.46mg

PROTEIN 5.29% FAT 36.86% CARBS 57.85%

Nutrients (% of daily need)

Calories: 508.82kcal (25.44%), Fat: 15.63g (24.05%), Saturated Fat: 9.34g (58.4%), Carbohydrates: 55.2g (18.4%), Net Carbohydrates: 53.01g (19.28%), Sugar: 38.65g (42.94%), Cholesterol: 89.05mg (29.68%), Sodium: 242.03mg (10.52%), Alcohol: 20.54g (100%), Alcohol %: 15.19% (100%), Caffeine: 10.6mg (3.53%), Protein: 5.04g (10.09%), Manganese: 0.46mg (23.06%), Selenium: 11.8µg (16.86%), Vitamin B2: 0.24mg (14.05%), Copper: 0.27mg (13.69%), Iron: 2.02mg (11.21%), Vitamin B1: 0.16mg (10.78%), Folate: 41.67µg (10.42%), Magnesium: 40.17mg (10.04%), Vitamin A: 496.45IU (9.93%), Phosphorus: 98.92mg (9.89%), Fiber: 2.19g (8.75%), Vitamin B3: 1.47mg (7.35%), Potassium:

256.01mg (7.31%), Calcium: 64.4mg (6.44%), Zinc: 0.75mg (5%), Vitamin B5: 0.42mg (4.22%), Vitamin D: 0.62µg (4.17%), Vitamin E: 0.55mg (3.64%), Vitamin B6: 0.07mg (3.59%), Vitamin B12: 0.2µg (3.36%), Vitamin K: 1.37µg (1.31%)