



Chocolate-Caramel Royale Coffee



Gluten Free



Dairy Free

READY IN



4 min.

SERVINGS



4

CALORIES



59 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 2 tablespoons chocolate-flavored syrup
- ☐ 3.8 cups strongly coffee hot brewed
- ☐ 2 tablespoons syrup fat-free caramel-flavored
- ☐ 0.5 teaspoon vanilla extract

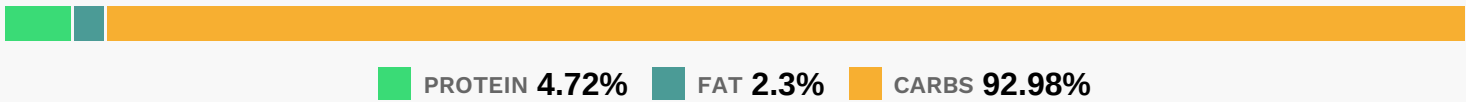
Equipment

Directions

- ☐
- Combine all ingredients, stirring until syrups dissolve.

☐☐

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:1.87304347381%

Flavonoids

Epigallocatechin: 0.09mg, Epigallocatechin: 0.09mg, Epigallocatechin: 0.09mg, Epigallocatechin: 0.09mg
Epicatechin: 0.09mg, Epicatechin: 0.09mg, Epicatechin: 0.09mg, Epicatechin: 0.09mg Myricetin: 0.11mg,
Myricetin: 0.11mg, Myricetin: 0.11mg, Myricetin: 0.11mg Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg,
Quercetin: 0.11mg

Nutrients (% of daily need)

Calories: 59.07kcal (2.95%), Fat: 0.16g (0.24%), Saturated Fat: 0.06g (0.35%), Carbohydrates: 14.32g (4.77%), Net
Carbohydrates: 14.06g (5.11%), Sugar: 11.28g (12.53%), Cholesterol: 0mg (0%), Sodium: 19.14mg (0.83%), Alcohol:
0.17g (100%), Alcohol %: 0.09% (100%), Caffeine: 89.47mg (29.83%), Protein: 0.73g (1.45%), Vitamin B2: 0.17mg
(10.26%), Vitamin B5: 0.57mg (5.66%), Manganese: 0.09mg (4.52%), Potassium: 132.01mg (3.77%), Magnesium:
13.23mg (3.31%), Copper: 0.06mg (2.8%), Vitamin B3: 0.46mg (2.29%), Vitamin B1: 0.03mg (2.14%), Phosphorus:
19.6mg (1.96%), Iron: 0.23mg (1.3%), Calcium: 12.9mg (1.29%), Folate: 4.64µg (1.16%), Fiber: 0.26g (1.04%)