

Chocolate-Cherry Ice Cream Pie with Hot Fudge Sauce







DESSERT

Ingredients

O.1 teaspoon almond extract
1 tablespoon brandy
7 ounces chocolate wafers such as nabisco famous
0.8 pound bing cherries fresh pitted coarsely chopped
12 ounces bittersweet chocolate unsweetened finely chopped (not)
3 ounces semi chocolate chips miniature
0.3 cup sugar
5 tablespoons butter unsalted cut into 1/2-inch cubes

	1 quart purchased vanilla ice cream softened	
	1 cup whipping cream	
Equipment		
	bowl	
	sauce pan	
	oven	
	whisk	
	pie form	
Dii	rections	
	Bring whipping cream to simmer in heavy medium saucepan; remove from heat.	
	Add chopped chocolate; whisk until smooth.	
	Preheat oven to 350°F. Grind cookies in processor until coarse crumbs form.	
	Add butter and blend until crumbs cling together and are evenly moistened. Press crumb mixture over bottom and up sides of 9-inch-diameter glass pie dish.	
	Bake crust until slightly puffed and darker, about 10 minutes. Cool crust on rack.	
	Combine cherries, sugar and brandy, if desired, in heavy medium saucepan. Stir over medium heat until sugar dissolves and mixture comes to boil. Reduce heat; simmer until thick syrup forms, stirring often, about 10 minutes.	
	Remove from heat.	
	Mix in almond extract. Cool to room temperature.	
	Place ice cream in large bowl. Fold in cherry mixture and chocolate chips. Pack ice cream mixture into prepared crust. Cover pie and freeze. (Sauce and pie can be prepared 3 days ahead. Cover and refrigerate sauce. Keep pie frozen.)	
	Rewarm sauce over low heat.	
	Cut pie into wedges; serve with sauce.	

Nutrition Facts

Properties

Glycemic Index:24.45, Glycemic Load:29.4, Inflammation Score:-9, Nutrition Score:18.945217303608%

Nutrients (% of daily need)

Calories: 987.74kcal (49.39%), Fat: 54.76g (84.24%), Saturated Fat: 32.13g (200.82%), Carbohydrates: 111.92g (37.31%), Net Carbohydrates: 101.99g (37.09%), Sugar: 83g (92.23%), Cholesterol: 108.16mg (36.05%), Sodium: 259.71mg (11.29%), Alcohol: 0.65g (100%), Alcohol %: 0.29% (100%), Caffeine: 48.19mg (16.06%), Protein: 12.95g (25.9%), Vitamin A: 2693.17IU (53.86%), Manganese: 0.89mg (44.39%), Copper: 0.81mg (40.55%), Fiber: 9.93g (39.7%), Phosphorus: 314.59mg (31.46%), Magnesium: 125.53mg (31.38%), Iron: 5.18mg (28.81%), Vitamin B2: 0.44mg (25.66%), Calcium: 252.14mg (25.21%), Potassium: 619.51mg (17.7%), Zinc: 2.58mg (17.17%), Selenium: 9.03µg (12.89%), Vitamin B1: 0.64µg (10.7%), Vitamin B5: 1.03mg (10.27%), Vitamin E: 1.32mg (8.83%), Vitamin B1: 0.12mg (8.16%), Vitamin B3: 1.32mg (6.58%), Vitamin K: 6.34µg (6.04%), Vitamin D: 0.84µg (5.63%), Vitamin B6: 0.1mg (4.91%), Folate: 19.03µg (4.76%), Vitamin C: 0.89mg (1.08%)