

Chocolate-Cherry Pinwheels







ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

O.8 cup butter softened
1 cup sugar
2 eggs
3 cups flour all-purpose
1 teaspoon double-acting baking powder
0.5 teaspoon salt
1.5 teaspoons almond extract
0.3 cup maraschino cherries drained finely chopped

3 drops food coloring red

	1 teaspoon vanilla
	1 tablespoon milk
	0.3 cup cocoa powder unsweetened
Εq	uipment
	bowl
	baking sheet
	oven
	knife
	wire rack
	plastic wrap
	hand mixer
Di	rections
	In large bowl, beat butter, sugar and eggs with electric mixer on medium speed until smooth. Beat in flour, baking powder and salt until well blended.
	Place half of dough in another medium bowl.
	Beat almond extract, cherries and food color into half of dough. Divide cherry dough in half. Wrap each half of cherry dough in plastic wrap; refrigerate about 45 minutes or until firm.
	Beat vanilla, milk and cocoa into remaining plain dough. Divide chocolate dough in half. Wrap each half of chocolate dough in plastic wrap; refrigerate about 45 minutes or until firm.
	Place one part of chocolate dough between 2 sheets of waxed paper; roll into 10x7-inch rectangle. Repeat with one part of cherry dough. Refrigerate both about 30 minutes or until firm. Peel top sheets of waxed paper from both doughs. Turn cherry dough upside down onto chocolate dough; roll up doughs together, starting at long side, into a log. Wrap in plastic wrap; refrigerate 2 hours. Repeat with remaining parts of dough.
	Heat oven to 350°F.
	Cut rolls of dough into 1/4-inch slices with sharp knife. On ungreased cookie sheet, place slices 1 inch apart.
	Bake 8 to 11 minutes or surface appears dull.
	Remove from cookie sheet to wire rack.

Nutrition Facts

PROTEIN 6.05% FAT 37.13% CARBS 56.82%

Properties

Glycemic Index:5.09, Glycemic Load:6.44, Inflammation Score:-1, Nutrition Score:1.4799999963168%

Flavonoids

Catechin: 0.26mg, Catechin: 0.26mg, Catechin: 0.26mg, Catechin: 0.26mg Epicatechin: 0.78mg, Epicatechin: 0.78mg, Epicatechin: 0.78mg Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg

Nutrients (% of daily need)

Calories: 67.99kcal (3.4%), Fat: 2.84g (4.37%), Saturated Fat: 0.63g (3.91%), Carbohydrates: 9.78g (3.26%), Net Carbohydrates: 9.41g (3.42%), Sugar: 4.19g (4.66%), Cholesterol: 6.1mg (2.03%), Sodium: 61.85mg (2.69%), Alcohol: 0.06g (100%), Alcohol %: 0.46% (100%), Protein: 1.04g (2.08%), Selenium: 2.94µg (4.2%), Vitamin B1: 0.06mg (3.73%), Folate: 13.63µg (3.41%), Manganese: 0.06mg (3.19%), Vitamin B2: 0.05mg (2.66%), Vitamin A: 122.52IU (2.45%), Iron: 0.42mg (2.34%), Vitamin B3: 0.42mg (2.11%), Phosphorus: 16.32mg (1.63%), Fiber: 0.37g (1.48%), Copper: 0.03mg (1.41%)