



Chocolate Cherry Truffles

 Gluten Free

READY IN



90 min.

SERVINGS



48

CALORIES



83 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 11 ounces baker's chocolate dark 53% chopped
- 0.3 cup brandy
- 1 teaspoon cherries
- 4 ounces chocolate dark chopped
- 1 cup cherries dried finely chopped
- 0.5 cup cup heavy whipping cream
- 4 ounces chocolate chopped
- 48 servings chocolate dark white melted

Equipment

- bowl
- baking sheet
- sauce pan
- whisk
- microwave

Directions

- In a small bowl, combine cherries and brandy; cover and let soak for 1 hour or until cherries are softened.
- Place dark chocolate in a small bowl. In a small saucepan, bring cream just to a boil.
- Pour over chocolate; whisk until smooth. Stir in extract and soaked cherries with liquid. Cool to room temperature, stirring occasionally. Refrigerate for 1 hour or until firm.
- Shape into 1-in. balls.
- Place on baking sheets; cover and refrigerate for at least 1 hour.
- In a microwave, melt milk chocolate; stir until smooth. Dip half of the balls into milk chocolate, allowing excess to drip off.
- Place on waxed paper; let stand until set.
- Melt dark chocolate; stir until smooth. Dip remaining balls into dark chocolate, allowing excess to drip off.
- Place on waxed paper; let stand until set.
- Drizzle with melted chocolate and decorate with pearl dust as desired. Store in an airtight container in the refrigerator.

Nutrition Facts



PROTEIN 6.13% FAT 63.38% CARBS 30.49%

Properties

Glycemic Index:3.03, Glycemic Load:0.98, Inflammation Score:-3, Nutrition Score:3.2947826462433%

Flavonoids

Cyanidin: 0.03mg, Cyanidin: 0.03mg, Cyanidin: 0.03mg, Cyanidin: 0.03mg Catechin: 4.18mg, Catechin: 4.18mg, Catechin: 4.18mg, Catechin: 4.18mg Epicatechin: 9.22mg, Epicatechin: 9.22mg, Epicatechin: 9.22mg, Epicatechin: 9.22mg

Nutrients (% of daily need)

Calories: 83.14kcal (4.16%), Fat: 6.45g (9.92%), Saturated Fat: 3.93g (24.54%), Carbohydrates: 6.98g (2.33%), Net Carbohydrates: 5.22g (1.9%), Sugar: 3.75g (4.17%), Cholesterol: 2.87mg (0.96%), Sodium: 3.66mg (0.16%), Alcohol: 0.42g (100%), Alcohol %: 2.85% (100%), Caffeine: 9.31mg (3.1%), Protein: 1.4g (2.81%), Manganese: 0.33mg (16.68%), Copper: 0.27mg (13.58%), Iron: 1.55mg (8.6%), Magnesium: 30.62mg (7.65%), Fiber: 1.76g (7.04%), Zinc: 0.76mg (5.07%), Phosphorus: 39.72mg (3.97%), Vitamin A: 127.08IU (2.54%), Potassium: 83.17mg (2.38%), Calcium: 13.02mg (1.3%), Vitamin B2: 0.02mg (1.24%), Selenium: 0.86µg (1.22%), Vitamin K: 1.1µg (1.04%)