

Chocolate Chip Brownie Torte







DESSERT

Ingredients

4 eggs

12 oz semisweet chocolate chips miniature (2 cups)
0.7 cup butter
1.5 cups granulated sugar
1.5 cups flour all-purpose
0.5 cup nuts coarsely chopped
1 teaspoon double-acting baking powder
1 teaspoon vanilla
0.5 teaspoon salt

	2 cups whipping cream	
	0.3 cup powdered sugar	
	1 teaspoon vanilla	
	0.7 cup semisweet chocolate chips miniature	
Equipment		
	bowl	
	frying pan	
	sauce pan	
	oven	
	wire rack	
	hand mixer	
	toothpicks	
	aluminum foil	
Directions		
	Heat oven to 350°F. Line 15x10x1-inch pan with waxed paper or foil; grease with shortening. Reserve 1 cup of the chocolate chips for frosting and garnish.	
	In 3-quart saucepan, melt butter and remaining 1 cup chocolate chips over medium heat, stirring occasionally; remove from heat. Stir in granulated sugar, flour, nuts, baking powder, vanilla, salt and eggs.	
	Spread evenly in pan.	
	Bake 18 to 23 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes; turn upside down onto cooling rack. Carefully remove waxed paper. Cool brownie completely, about 1 hour.	
	In medium bowl, beat whipping cream, powdered sugar and vanilla with electric mixer on high speed until stiff. Stir in 2/3 cup chocolate chips.	
	Cut brownie crosswise into 4 equal pieces, 10x3 3/4 inches. Trim off stiff edges of brownie if necessary.	
	Place 1 piece on serving plate; spread about 3/4 cup frosting over top. Repeat twice. Top with remaining brownie piece. Frost sides and top with remaining frosting.	

Garnish with reserved 1/3 cup chocolate chips. Cover; refrigerate at least 2 hours until chilled but no longer than 48 hours. Store covered in refrigerator.

Nutrition Facts

PROTEIN 4.76% FAT 58.35% CARBS 36.89%

Properties

Glycemic Index:26.68, Glycemic Load:31.75, Inflammation Score:-8, Nutrition Score:15.981304351402%

Nutrients (% of daily need)

Calories: 824.82kcal (41.24%), Fat: 54.1g (83.23%), Saturated Fat: 25.52g (159.51%), Carbohydrates: 76.93g (25.65%), Net Carbohydrates: 71.8g (26.11%), Sugar: 52.76g (58.62%), Cholesterol: 122.25mg (40.75%), Sodium: 345.88mg (15.04%), Alcohol: 0.28g (100%), Alcohol %: 0.18% (100%), Caffeine: 42.82mg (14.27%), Protein: 9.94g (19.87%), Manganese: 0.94mg (46.8%), Copper: 0.76mg (38.07%), Magnesium: 114.06mg (28.52%), Vitamin A: 1362.06IU (27.24%), Iron: 4.7mg (26.12%), Phosphorus: 255.78mg (25.58%), Selenium: 17.57µg (25.1%), Fiber: 5.14g (20.55%), Vitamin B2: 0.31mg (18.47%), Zinc: 2.07mg (13.8%), Vitamin B1: 0.2mg (13.05%), Potassium: 423.18mg (12.09%), Folate: 48.24µg (12.06%), Calcium: 108.53mg (10.85%), Vitamin B3: 1.91mg (9.57%), Vitamin E: 1.4mg (9.31%), Vitamin D: 1.11µg (7.42%), Vitamin B5: 0.72mg (7.22%), Vitamin B12: 0.34µg (5.63%), Vitamin K: 5.22µg (4.97%), Vitamin B6: 0.09mg (4.73%)