



## Chocolate Chip Cheese Ball

READY IN



135 min.

SERVINGS



12

CALORIES



424 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

- 2 tablespoons firmly brown sugar packed
- 0.5 cup butter softened
- 0.5 cup confectioners' sugar
- 8 ounce cream cheese softened
- 12 servings chocolate and honey graham crackers and fruit flavored
- 1 cup marshmallows mini
- 0.8 cup semisweet chocolate morsels
- 2 tablespoons cocoa powder unsweetened
- 0.5 teaspoon vanilla extract

1 cup walnuts toasted finely chopped

## Equipment

bowl

hand mixer

## Directions

In a medium bowl, combine the cream cheese and butter. Beat at medium speed with an electric mixer until creamy.

Add the confectioners' sugar, cocoa, brown sugar, and vanilla. Beat until well combined.

Add the marshmallows and chocolate morsels. Stir to combine well. Cover and chill for 2 hours. Form the mixture into a ball, then roll it in walnuts. Arrange the cheese ball on a serving platter and serve with graham crackers and fruit.

## Nutrition Facts

 **PROTEIN 5.17%**  **FAT 57.55%**  **CARBS 37.28%**

## Properties

Glycemic Index:19.29, Glycemic Load:17.55, Inflammation Score:-5, Nutrition Score:7.5586955715781%

## Flavonoids

Cyanidin: 0.26mg, Cyanidin: 0.26mg, Cyanidin: 0.26mg, Cyanidin: 0.26mg Catechin: 0.54mg, Catechin: 0.54mg, Catechin: 0.54mg, Catechin: 0.54mg Epicatechin: 1.64mg, Epicatechin: 1.64mg, Epicatechin: 1.64mg, Epicatechin: 1.64mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

## Nutrients (% of daily need)

Calories: 424.27kcal (21.21%), Fat: 27.76g (42.71%), Saturated Fat: 12.26g (76.64%), Carbohydrates: 40.46g (13.49%), Net Carbohydrates: 37.64g (13.69%), Sugar: 20.81g (23.12%), Cholesterol: 40.1mg (13.37%), Sodium: 310.19mg (13.49%), Alcohol: 0.06g (100%), Alcohol %: 0.08% (100%), Caffeine: 11.59mg (3.86%), Protein: 5.61g (11.22%), Manganese: 0.52mg (25.91%), Copper: 0.34mg (17.21%), Phosphorus: 148.58mg (14.86%), Magnesium: 58.06mg (14.51%), Iron: 2.32mg (12.87%), Fiber: 2.82g (11.27%), Vitamin A: 497.76IU (9.96%), Zinc: 1.31mg (8.7%), Vitamin B2: 0.14mg (8.07%), Vitamin B1: 0.11mg (7.08%), Vitamin B3: 1.31mg (6.54%), Calcium: 62.17mg (6.22%), Folate: 24.75µg (6.19%), Potassium: 199.44mg (5.7%), Vitamin B6: 0.1mg (4.85%), Selenium: 3.39µg (4.84%), Vitamin E: 0.52mg (3.45%), Vitamin B5: 0.21mg (2.12%), Vitamin K: 2.15µg (2.05%), Vitamin B12: 0.08µg (1.3%)