



Chocolate Chip Cheesecake Swirl Cupcakes

READY IN



65 min.

SERVINGS



24

CALORIES



192 kcal

DESSERT

Ingredients

- 0.5 cup sugar
- 6 oz cream cheese softened
- 1 eggs
- 6 oz semi chocolate chips (1 cup)
- 2.3 cups flour all-purpose
- 1.7 cups sugar
- 0.3 cup cocoa powder
- 1.3 cups water
- 0.5 cup vegetable oil

- 2 tablespoons vinegar white
- 2 teaspoons baking soda
- 2 teaspoons vanilla
- 1 teaspoon salt

Equipment

- bowl
- oven
- hand mixer
- toothpicks
- muffin liners

Directions

- Heat oven to 350°F. Line 24 regular-size muffin cups with paper baking cups. In medium bowl, beat 1/2 cup sugar and the cream cheese with electric mixer on medium speed until smooth. Beat in egg. Stir in chocolate chips; set aside.
- In large bowl, beat remaining ingredients on low speed 30 seconds, scraping bowl occasionally. Beat on high speed 3 minutes, scraping bowl occasionally. Reserve 1 1/2 cups batter.
- Fill each muffin cup one-third full (1 rounded tablespoon) with batter. Spoon 1 tablespoon cream cheese mixture onto batter in each cup. Top each with reserved batter (1/2 rounded tablespoon).
- Bake 30 to 35 minutes or until toothpick inserted in center comes out clean. Store in refrigerator.

Nutrition Facts



Properties

Glycemic Index:12.17, Glycemic Load:19.18, Inflammation Score:-2, Nutrition Score:3.6908695769051%

Flavonoids

Catechin: 0.58mg, Catechin: 0.58mg, Catechin: 0.58mg, Catechin: 0.58mg Epicatechin: 1.76mg, Epicatechin: 1.76mg, Epicatechin: 1.76mg, Epicatechin: 1.76mg Quercetin: 0.09mg, Quercetin: 0.09mg, Quercetin: 0.09mg, Quercetin: 0.09mg

Nutrients (% of daily need)

Calories: 191.91kcal (9.6%), Fat: 6.53g (10.05%), Saturated Fat: 3.28g (20.5%), Carbohydrates: 31.61g (10.54%), Net Carbohydrates: 30.39g (11.05%), Sugar: 20.98g (23.32%), Cholesterol: 14.4mg (4.8%), Sodium: 214.94mg (9.35%), Alcohol: 0.11g (100%), Alcohol %: 0.22% (100%), Caffeine: 8.16mg (2.72%), Protein: 2.49g (4.97%), Manganese: 0.21mg (10.6%), Selenium: 5.98µg (8.55%), Copper: 0.15mg (7.28%), Vitamin B1: 0.1mg (6.49%), Iron: 1.17mg (6.48%), Folate: 23.23µg (5.81%), Vitamin B2: 0.09mg (5.41%), Magnesium: 20.56mg (5.14%), Phosphorus: 48.95mg (4.89%), Fiber: 1.21g (4.86%), Vitamin B3: 0.78mg (3.9%), Zinc: 0.39mg (2.62%), Vitamin K: 2.39µg (2.28%), Potassium: 79.13mg (2.26%), Vitamin A: 108.63IU (2.17%), Calcium: 15.93mg (1.59%), Vitamin B5: 0.14mg (1.43%), Vitamin E: 0.2mg (1.36%)