



Chocolate Chip Dream

READY IN



45 min.

SERVINGS



15

CALORIES



308 kcal

SIDE DISH

Ingredients

- ☐ 0.5 cup butter
- ☐ 1 cup coconut or flaked
- ☐ 1.5 cups graham cracker crumbs
- ☐ 1 cup maraschino cherries chopped
- ☐ 1 cup semi chocolate chips
- ☐ 14 ounce condensed milk sweetened canned

Equipment

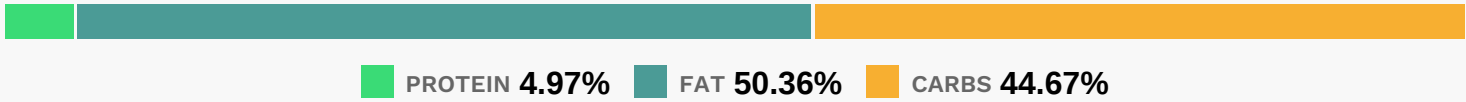
- ☐ oven

☐ baking pan

Directions

- ☐ Preheat oven to 350 degrees F (175 degrees C).
- ☐ melt the margarine in the 9x13 inch baking pan.
- ☐ Sprinkle the graham cracker crumbs over the melted margarine.
- ☐ Pour the sweetened condensed milk evenly over the graham cracker layer.
- ☐ Sprinkle the chocolate chips and chopped cherries over the milk in a random fashion. Then sprinkle the coconut over the top of everything.
- ☐ Bake in the preheated oven for 25 to 30 minutes. Cool and cut into squares.

Nutrition Facts



Properties

Glycemic Index:12.33, Glycemic Load:13.31, Inflammation Score:-3, Nutrition Score:5.8169564643632%

Nutrients (% of daily need)

Calories: 307.71kcal (15.39%), Fat: 17.57g (27.02%), Saturated Fat: 11.37g (71.03%), Carbohydrates: 35.05g (11.68%), Net Carbohydrates: 32.38g (11.77%), Sugar: 27.27g (30.3%), Cholesterol: 25.98mg (8.66%), Sodium: 141.54mg (6.15%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 10.32mg (3.44%), Protein: 3.9g (7.81%), Manganese: 0.32mg (15.9%), Phosphorus: 129.07mg (12.91%), Copper: 0.22mg (11.2%), Fiber: 2.67g (10.7%), Calcium: 101.03mg (10.1%), Magnesium: 38.84mg (9.71%), Selenium: 6.08µg (8.69%), Vitamin B2: 0.14mg (8.49%), Iron: 1.41mg (7.85%), Potassium: 216.97mg (6.2%), Zinc: 0.89mg (5.94%), Vitamin A: 272.84IU (5.46%), Vitamin B1: 0.05mg (3.37%), Vitamin B5: 0.3mg (2.97%), Vitamin B3: 0.51mg (2.56%), Vitamin B12: 0.15µg (2.51%), Vitamin B6: 0.04mg (2.2%), Vitamin E: 0.32mg (2.14%), Folate: 7.51µg (1.88%), Vitamin K: 1.81µg (1.72%)