

Chocolate Chip Gingerbread Cake

READY IN

105 min.

SERVINGS



16

CALORIES



365 kcal

DESSERT

Ingredients

2.3 cups flour
1.5 teaspoons double-acting baking powder
0.3 teaspoon salt
1 teaspoon ground ginger
1 teaspoon ground cinnamon
0.5 teaspoon ground cardamom whole (seeds from 4 pods)

- 0.5 teaspoon nutmeg fresh grated (nutmeg)
- 0.5 teaspoon pepper black finely
- 3 cloves ground cloves whole

	0.5 cup butter unsalted softened
	0.8 cup brown sugar packed
	2 tablespoons ginger grated
	0.5 cup blackstrap molasses
	2 eggs
	0.5 cup milk
	2 teaspoons vanilla
	0.8 cup chocolate chopped
	8 oz cream cheese softened
	0.3 cup butter unsalted softened
	1 teaspoon vanilla
	1.3 cups powdered sugar
	2 tablespoons chocolate chips miniature
Ec	Juipment
	bowl
	frying pan
	baking paper
	oven
	wire rack
	hand mixer
	toothpicks
Di	rections
	Heat oven to 350°F. Line 8-inch square pan with cooking parchment paper; grease paper wel (especially the corners).
	Grind spices if using whole. In small bowl, stir together flour, baking powder, salt, ginger, cinnamon, cardamom, nutmeg, pepper and cloves; set aside.

	In bowl of stand electric mixer or in large bowl with hand-held electric mixer, beat 1/2 cup butter until creamy.	
	Add brown sugar and grated gingerroot; beat about 3 minutes or until light and creamy. Scrape side and bottom of bowl; beat in molasses. Beat in eggs, one at a time, until completely combined and scraping bowl after each addition. (Batter may look curdled at this point, but that is okay.)	
	Gently fold in half of the flour mixture; fold in milk and 2 teaspoons vanilla. Fold in remaining flour mixture until completely combined. Fold in chocolate chips. Scrape batter into pan; smooth top.	
	Bake in center of oven 45 to 55 minutes or until toothpick inserted in center comes out clean. Cool completely on cooling rack, about 45 to 60 minutes.	
	To make Frosting, in medium bowl, beat cream cheese and 1/4 cup butter with electric mixer on medium speed until smooth. Beat in 1 teaspoon vanilla. Gradually beat in powdered sugar until combined and slightly fluffy.	
	Spread frosting over cooled cake.	
	Sprinkle with miniature chocolate chips.	
Nutrition Facts		
	4.740/ 7.000/ 7.070/	
	PROTEIN 4.51% FAT 42.92% CARBS 52.57%	

Properties

Glycemic Index:27.85, Glycemic Load:15.57, Inflammation Score:-5, Nutrition Score:7.4286956411341%

Nutrients (% of daily need)

Calories: 364.51kcal (18.23%), Fat: 17.77g (27.33%), Saturated Fat: 10.62g (66.38%), Carbohydrates: 48.96g (16.32%), Net Carbohydrates: 47.77g (17.37%), Sugar: 33.55g (37.28%), Cholesterol: 58.85mg (19.62%), Sodium: 143.16mg (6.22%), Alcohol: 0.26g (100%), Alcohol %: 0.33% (100%), Caffeine: 5.41mg (1.8%), Protein: 4.2g (8.41%), Manganese: 0.54mg (26.98%), Selenium: 11.5µg (16.43%), Magnesium: 44.38mg (11.09%), Vitamin B2: 0.18mg (10.73%), Iron: 1.88mg (10.43%), Vitamin B1: 0.16mg (10.35%), Vitamin A: 503.64IU (10.07%), Folate: 36.92µg (9.23%), Calcium: 91.28mg (9.13%), Phosphorus: 80.42mg (8.04%), Potassium: 261.22mg (7.46%), Copper: 0.14mg (7.17%), Vitamin B3: 1.26mg (6.3%), Vitamin B6: 0.11mg (5.6%), Fiber: 1.19g (4.75%), Vitamin B5: 0.39mg (3.91%), Zinc: 0.49mg (3.23%), Vitamin E: 0.48mg (3.23%), Vitamin D: 0.35µg (2.36%), Vitamin B12: 0.14µg (2.32%), Vitamin K: 2.06µg (1.96%)