

Chocolate Chip Pound Cake







DESSERT

18.3 ounce duncan hines classic decadent cake mix yellow (without pudding)

Ingredients

4 large eggs
5.9 ounce chocolate pudding mix instant
10 servings powdered sugar
6 ounces semisweet chocolate mini-morsels
8 ounce cup heavy whipping cream sour
O.5 cup sugar
O.8 cup vegetable oil
0.7 cup water

Equipment	
	frying pan
	oven
	mixing bowl
	wire rack
	hand mixer
	kugelhopf pan
Diı	rections
	Beat first 5 ingredients in a large mixing bowl at medium speed of an electric mixer about 2 minutes or until creamy; add sour cream, mixing well.
	Add eggs, one at a time, mixing at low speed just until blended after each addition. Stir in chocolate morsels.
	Pour batter into a greased and floured 10" tube or Bundt pan.
	Bake at 350 for 1 hour or until a wooden pick inserted in center comes out clean. Cool in pan on wire rack 10 minutes; remove from pan, and cool completely on a wire rack.
	Sprinkle with powdered sugar before serving.
Nutrition Facts	
	PROTEIN 4.86% FAT 30.46% CARBS 64.68%

Properties

Glycemic Index:7.01, Glycemic Load:6.98, Inflammation Score:-4, Nutrition Score:9.9673911799555%

Nutrients (% of daily need)

Calories: 524.14kcal (26.21%), Fat: 17.88g (27.5%), Saturated Fat: 8.14g (50.87%), Carbohydrates: 85.39g (28.46%), Net Carbohydrates: 82.81g (30.11%), Sugar: 58.64g (65.16%), Cholesterol: 88.8mg (29.6%), Sodium: 653.85mg (28.43%), Alcohol: Og (100%), Alcohol %: O% (100%), Caffeine: 15.8mg (5.27%), Protein: 6.41g (12.83%), Phosphorus: 273.49mg (27.35%), Manganese: 0.39mg (19.72%), Copper: 0.33mg (16.55%), Vitamin B2: 0.27mg (15.88%), Calcium: 156.48mg (15.65%), Iron: 2.74mg (15.24%), Selenium: 10.49µg (14.98%), Magnesium: 47.46mg (11.87%), Folate: 46.44µg (11.61%), Fiber: 2.58g (10.34%), Vitamin B1: 0.14mg (9.28%), Vitamin K: 9.39µg (8.94%), Vitamin E:

 $1.15 \, \text{mg}$ (7.68%), Vitamin B3: $1.42 \, \text{mg}$ (7.08%), Zinc: $1.03 \, \text{mg}$ (6.87%), Vitamin B5: $0.63 \, \text{mg}$ (6.26%), Potassium: $216.55 \, \text{mg}$ (6.19%), Vitamin A: $257.8 \, \text{IU}$ (5.16%), Vitamin B12: $0.31 \, \text{\mu g}$ (5.13%), Vitamin B6: $0.09 \, \text{mg}$ (4.55%), Vitamin D: $0.4 \, \text{\mu g}$ (2.67%)